

## CURRICULUM VITAE

**Name:** Woltemade Hartman (Ph.D)

**Present Positions:**

- ◆ Registered Clinical, Educational Psychologist and Psychotherapist
- ◆ Work in the fields of Neuropsychology, Forensic Psychology, Hypnotherapy, Ego State Therapy and Psychotherapy
- ◆ Director of the Milton H Erickson Institutes of South Africa (MEISA)
- ◆ Past-President of Ego State Therapy International (ESTI)
- ◆ Secretary and treasurer of Ego State Therapy International (ESTI)
- ◆ Board member of the International Society of Hypnosis (ISH)
- ◆ Chairperson of the Representatives on the board of the International Society of Hypnosis (ISH)
- ◆ Private Practice in Faerie Glen, Pretoria, South Africa
- ◆ Senior Research Associate at the University of Johannesburg
- ◆ Accredited Psychotherapy trainer in South Africa, Europe (Germany, Austria, France, Switzerland) Turkey, Japan, China, Hong Kong and Singapore.

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<h3>Qualifications</h3>
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- BA.Ed (Psychology) (1981) Rand Afrikaans University (RAU)
- BA Psychology (Honours) Cum Laude (1982) Rand Afrikaans University (RAU)
- B.Ed (Psychology)(Honours) Cum Laude (1985) Rand Afrikaans University (RAU)

- M.Ed (Psychology) Cum Laude (1988) Rand Afrikaans University (RAU)
- Ph.D (Clinical Hypnosis) (1994) University of Pretoria (UP)
- International Certification: Eye Movement Integration (EMI) Practitioner (2006) and trainer
- International Certification: Somatic Experiencing (SE) Practitioner (2015)
- International Certification: Soma practitioner and trainer (2015)

<b>School, Academic, Practical and Professional Training</b>
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- 1965 - 1971: West Rand Cons Primary School and Krugersdorp- North Primary School, South Africa
- 1972: Grade 8 - Monument High School, South Africa
- 1973: Grade 9 - International School, Horn bei Schwangau, Ost-Allgäu, Germany
- 1974 - 1976: Grade 10-12 - Monument High School, South Africa
- 1977 - 1980: Training as a high school teacher - BA.Ed (Psychology) Rand Afrikaans University (RAU). Major subjects - German and Psychology
- 1981: BA Psychology (Honours) (Cum Laude) Rand Afrikaans University (RAU)
- 1982 - 1983: Teaching German at Monument High School
- 1984 - 1985: B.Ed (Psychology)(Honours)(Cum Laude) Rand Afrikaans University (RAU)
- 1986: M.Ed (Masters Degree in Educational Psychology)(Cum Laude) Rand Afrikaans University (RAU)
- 1987: Internship - Educational Psychology, Supervisors - Prof C J Lamprecht and Prof M C Grové. Rand Afrikaans University (RAU)

- 1988 - 1989: Two year compulsory military service in the South African Defense Force and South African Prison Services. Work as intern-counselling psychologist
- 1988 - 1989: Internship - Counselling Psychology. Supervisors - Prof Malan Heyns and Prof M C Grovè. Rand Afrikaans University (RAU)
- 1989: Elementary course in Clinical Hypnosis. South African Society of Clinical Hypnosis. Supervisors - Dr Jules Leeb and Dr Louise Olivier
- 1990: Since 1990 in private practice in Johannesburg and in Pretoria, South Africa
- 1990: 5<sup>th</sup> European Congress of Hypnosis in Psychotherapy and Psychosomatic medicine. University of Constance. Germany. (18 - 24 August 1990). Basic and advanced training in Clinical Hypnosis and Ego State Therapy. Supervisors - Prof J G Watkins and Mrs H H Watkins
- 1991 (July): Advanced course in Clinical Hypnosis. South African Society of Clinical Hypnosis. Supervisors - Dr Jules Leeb and Dr Louise Olivier
- 1991: Clinical Hypnosis and Applications of Ego State Therapy. Theory and Practice. Supervisors - Prof J G Watkins (Ph.D) and Mrs H H Watkins (MA Clinical Psychology). University of Montana, USA
- 1992: 12<sup>th</sup> International Congress of Hypnosis. Ericksonian Hypnosis and Psychotherapy. Arts - Facts - Artifacts. A Joint Conference. Jerusalem. Israel. (25 - 31 July 1992). Basic and Advanced training in Clinical Hypnosis, Ego State Therapy and Ericksonian Hypnotherapy. Supervisors Prof J G Watkins and Mrs H H Watkins, Dr J K Zeig and Dr E Rossi
- 1991 - 1993: Ph.D (Clinical Hypnosis)(Cum Laude). Ego State Therapy with Sexually Traumatized Children. University of Pretoria (UP)
- 1993 (August): 6<sup>th</sup> European Congress of Hypnosis. Vienna. Austria. (14 - 20 August 1993). Basic and advanced training in Clinical Hypnosis and Ego State Therapy. Supervisors - Dr E Fromm, Prof J G Watkins and Mrs H H Watkins, Dr M Phillips and Dr C Frederick
- 1993 (December): Diplomate Examination of the South African Society of Clinical Hypnosis
- 1994 (February): Clinical Hypnosis and Applications of Traumatic Separation Theory and Neurolinguistic Programming. Theory and Practice. Johannesburg. South Africa. (1 - 14 February 1994). Supervisor - Dr D Ebrahim

- 1994 (August): 13<sup>th</sup> International Congress of Hypnosis. Melbourne. Australia. (6 - 12 August 1994). Basic and advanced training in Clinical Hypnosis, Ego State Therapy and Ericksonian Hypnotherapy. Supervisors - Dr E Fromm, Dr M Phillips and Dr C Frederick
- 1995 (June): Fundamental and Intermediate Training in Ericksonian Approaches to Hypnosis and Psychotherapy. (First course). Milton H. Erickson Foundation. Phoenix. Arizona. USA. (12 - 26 June 1995). Supervisors - Dr B B Geary and Dr J K Zeig
- 1995 (July): Clinical Hypnosis and Applications of Traumatic Separation Theory. Advanced Course. Coventry. England. (1-7 July 1995). Supervisor - Dr D Ebrahim
- 1995 (October): 1<sup>st</sup> Africa Congress in Clinical Hypnosis and Psychosomatic Medicine. Sun City. South Africa. (15 - 19 October 1995). Basic and advanced training in Ericksonian techniques and Traumatic Separation Theory. Supervisors - Dr J K Zeig and Dr D Ebrahim
- 1996 (March): Fundamental and Intermediate Training in Ericksonian Approaches to Hypnosis and Psychotherapy. (Second course). Milton H. Erickson Foundation. Phoenix. Arizona. USA. (4 - 15 March 1996). Supervisors - Dr B B Geary and Dr J K Zeig
- 1996 (April): Advanced Training in Ericksonian Approaches to Hypnosis and Psychotherapy. Milton H. Erickson Foundation. Phoenix. Arizona. USA. (15 - 19 April 1996). Supervisors - Dr B Geary and Dr J K Zeig
- 1996 (May): Advanced Training in Traumatic Separation Theory and Practice. Stockholm, Sweden. (2 - 4 May 1996). Supervisor - Dr D Ebrahim
- 1997 (March): Hypnotic Interventions: Comparing the Techniques of the Masters. The South African Society of Clinical Hypnosis. Pretoria. South Africa. (15 - 20 March 1997). Advanced training in Ego State Therapy, Ericksonian Approaches and Traumatic Separation Theory. Theory and Practice. Supervisors - Dr D Ebrahim, Dr B Geary, Prof J G Watkins and Mrs H Watkins
- 1997 (June): 14<sup>th</sup> International Congress of Hypnosis. San Diego. California. USA. (21 - 27 June 1997). Basic and Advanced Training in Clinical Hypnosis, Ego State Therapy, Ericksonian Approaches and Traumatic Separation Theory. Supervisors - Prof J G Watkins and Mrs H H Watkins, Dr M Phillips, Dr C Frederick, Dr J K Zeig, Dr E Fromm and Dr D Ebrahim

- 1998 (February): Advanced Training in Ericksonian Approaches to Hypnosis and Psychotherapy. Johannesburg. South Africa. (24 - 27 February 1998). Supervisor - Dr B B Geary
- 1998: The 3<sup>rd</sup> European Congress on Ericksonian Hypnosis and Psychotherapy "The New Hypnosis". Venice. Italy. (25 - 29 November 1998). Basic and advanced training in Clinical Hypnosis, Ego State Therapy and Ericksonian Approaches. Supervisors - Dr C Frederick, Dr S McNeal, B Trenkle (Dipl-Psych) and Dr B B Geary
- 1999: 8<sup>th</sup> European Congress on Hypnosis in Psychotherapy and Psychosomatic Medicine. Noordwijkerhout. The Netherlands. (14 - 19 August 1999). Basic and advanced training in Ego State Therapy. Supervisors - Dr C Frederick, Dr S McNeal, Prof J G Watkins and Mrs H H Watkins
- 1999: 7<sup>th</sup> International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy. A Tribute to Jay Haley. Phoenix. Arizona. USA. (7 - 12 December 1999). Basic and Advanced Training in Ericksonian Hypnosis and Psychotherapy. Supervisors - Dr J K Zeig, Dr E Rossi and Dr S Gilligan
- 2000: 15<sup>th</sup> International Congress of Hypnosis. München. Germany. (3 - 6 October 2000). Basic and advanced training in Ego State Therapy and Ericksonian approaches. Supervisors - Dr C Frederick, Prof J G Watkins and Mrs H H Watkins, Dr A Tamalonis and Dr J K Zeig
- 2002 (March): Milton Erickson Gesellschaft für klinische Hypnose. Vierte Kindertagung "Hypnotherapeutische und Systemische Konzepte für die Arbeit mit Kindern und Jugendlichen". (20 - 23 March 2002). Advanced Training in Ericksonian Approaches with Children. Heidelberg, Germany. Supervisors - Bernhard Trenkle and Dr Camilo Lorio
- 2002 (September): 9<sup>th</sup> Congress of the European Society of Hypnosis. Hypnosis and the Other Therapeutic Modalities in the New Millennium. Rome. Italy. (25 - 29 September 2002). Advanced training in Ego State and Ericksonian Approaches to hypnosis and psychotherapy. Supervisors - Dr C Frederick, Bernhard Trenkle (Dipl-Psych) and Dr J K Zeig
- 2003 (March): The First World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future. (20 - 23 March 2003). Advanced Training in Ego State Therapy and Ericksonian Approaches to Substance Abuse. Supervisors - Dr C Frederick, Dr M Phillips, Prof J G Watkins and Dr A Tamalonis

- 2003: Internship - Clinical Psychology: Adult Neuropsychology. Rand Afrikaans University / Vista Psychiatric Clinic. Supervisors - Dr Johan Benadé and Dr B Mallinson
- 2003 (July): Advanced course in Neuropsychological assessment: Theory and practice. Johannesburg. South Africa. (21 - 25 July 2003). Supervisor - Dr R Sugarman
- 2004 (June): Impact Therapy Techniques for Individual Therapy, Group, Couple and Family Therapy. Rottweil, Germany. (24 - 27 June 2004). Supervisor - Dr Danie Beaulieu (Ph.D)
- 2004 (June): Fundamental Training in Eye Movement Integration (EMI). Rottweil, Germany. (28 - 30 June 2004). Supervisor - Dr Danie Beaulieu (Ph.D)
- 2005 (July): Advanced Training in Eye Movement Integration (EMI). Rottweil, Germany. (1 - 3 July 2005). Supervisor - Dr Danie Beaulieu (Ph.D)
- 2005 (November): Supervision in Eye Movement Integration (EMI). Heidelberg, Germany. (3 - 6 November 2005). Supervisor - Dr Danie Beaulieu (Ph.D)
- 2005 (November): Fundamental Training in Energy Psychology (EDxTM). Heidelberg, Germany. (8 - 10 November 2005). Supervisor - Dr med Eugen Kauffmann-Thomassen (MD)
- 2006 (May): Supervision in Eye Movement Integration (EMI). Rottweil, Germany. (10 - 12 May 2006). Supervisor - Danie Beaulieu (Ph.D)
- 2007 (May): Workshop: An Introduction to the Nature of Trauma. Pretoria, South Africa. (18 - 19 May 2007). Supervisor - Dr Bessel van der Kolk (MD)
- 2007 (October): Workshop: Treating Depression: Integrating Hypnotic, Cognitive, Behavioural and Strategic Approaches. (22 and 23 October 2007). Supervisor - Dr Michael D Yapko (PhD)
- 2009 (August): Fundamental Intensive Training in Mindfulness Based Cognitive Therapy. Pretoria, South Africa. (14 - 15 August 2009). Supervisor - Lorraine de Raay (MA. Clin Psych)
- 2009 (August): Workshop: Positive Psychology in Practice. Pretoria, South Africa. (29 August 2009). Supervisor - Dr Tharina Guse (Ph.D)

- 2011 (May): Fundamental Training in Somatic Experiencing. Part I (6 days). Pretoria, South Africa. (18 - 24 May 2011). Supervisor - Dr Maggie Phillips (Ph.D)
- 2012 (February): Fundamental Training in Somatic Experiencing. Part II (6 days). Pretoria, South Africa. (22 – 28 February 2012). Supervisor - Dr Maggie Phillips (Ph.D)
- 2013 (April): Advanced Protocol Training in Eye Movement Integration (EMI). Rottweil, Germany. (26 – 28 April 2013). Supervisor – Dr Danie Beaulieu (Ph.D)
- 2013 (May): Intermediate Training in Somatic Experiencing. Part III (6 days). Pretoria, South Africa. (8 – 14 May 2013). Supervisor – Dr Maggie Phillips (Ph.D)
- 2013 (September): Intermediate Training in Somatic Experiencing. Part IV (6 days). Stellenbosch, South Africa. (11 – 17 September 2013). Supervisor – Dr Maggie Phillips (Ph.D)
- 2014 (July): Advanced Training in Somatic Experiencing. Part V (6 days). Pretoria, South Africa. (25 – 31 July 2014). Supervisor – Dr Sonia Gomes (Ph.D)
- 2015 (January): Advanced Group Case Consultation Workshop in Somatic Experiencing. Part VI (2 days). Stellenbosch, South Africa. (19 - 20 January 2015). Supervisor – Dr Sonia Gomes (Ph.D)
- 2015 (January): Advanced Training in Somatic Experiencing. Part VI (6 days). Stellenbosch, South Africa. (21 - 27 January 2015). Supervisor – Dr Sonia Gomes (Ph.D)
- 2015 (July): Fundamental Training in Somatic Experiencing. Part I (6 days). Pretoria, South Africa. (22 - 28 July 2015). Supervisor - Dr Sonia Gomes (Ph.D)
- 2015 (July / August): Fundamental Training in Soma (Touch and Embodiment in Complex Trauma). Part I (4 days). Pretoria, South Africa. (30 and 31 July and 3 - 4 August 2015). Supervisor - Dr Sonia Gomes (Ph.D)
- 2015 (November): Fundamental Training in Somatic Experiencing. Part II (6 days). Pretoria, South Africa. (25 November - 1 December 2015). Supervisor - Dr Sonia Gomes (Ph.D)
- 2016 (February): Introduction to Soma (Touch and Embodiment in Complex Trauma). Part II (3 days). Johannesburg, South Africa. (13-15 February 2016) Supervisor - Dr Sonia Gomes (Ph.D)

- 2016 (May) Fundamental Training in Soma (Touch and Embodiment in Complex Trauma). Part III (6 days). Pretoria, South Africa. (16-21 May 2016). Supervisor – Marcello Muniz
- 2016 (May) Intermediate Training in Somatic Experiencing. Part I (6 days). Pretoria, South Africa. (27-31 May and 1-2 June 2016). Supervisor - Dr Sonia Gomes (Ph.D)
- 2016 (October) Intermediate Training in Somatic Experiencing. Part 2 (6 days). Pretoria, South Africa. (5-8 and 10-11 October 2016). Supervisor - Dr Sonia Gomes (Ph.D)
- 2016 (October) An Introduction to Behaviour Therapy (2 days). Pretoria, South Africa (13-14 October 2016). Supervisor – Hans Jörg Lütgerhorst
- 2017 (January) Fundamental Training in Soma (Touch and Embodiment in Complex Trauma). Part IV (6 days). Pretoria, South Africa. (16-21 January 2017). Supervisor – Dr Sonia Gomes (Ph.D)
- 2017 (May) Advanced Training in Somatic Experiencing. Part 1 (6 days). Pretoria, South Africa. (17-20 and 22-23 May 2017). Supervisor - Dr Raja Selvam (Ph.D)
- 2017 (August) Advanced Training in Somatic Experiencing. Part II (6 days). Pretoria, South Africa. (23-26 and 28-29 August 2017). Supervisor – Dr Raja Selvam (Ph.D)
- 2018 (November) Advanced Training in Soma (Touch and Embodiment in Complex Trauma). Wiesbaden, Germany. (26-29 November 2019). Supervisor – Marcello Muniz
- 2019 (June) FSR- Faszien-Stress-Release. Reden Reich Nicht Congress, Bremen Germany. (22 June 2019). Supervisor – Ulrike Balke-Holzberger
- 2020 (June) Learning to observe changes in the Self-Regulation process of clients in psychotherapy. Online Workshop. (27 June 2020). Dr Sonia Gomes Ph.D
- 2020 (June) Pendulation as a tool of enhancing coherence and self-empowerment in traumatized clients. Online Workshop. (28 June 2020). Dr Sonia Gomes Ph.D



<p><b>Scientific Lectures, Papers and Workshops Presented</b></p>
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- 14 - 20 August 1993: Ego State Therapy with Sexually Traumatized Children. Paper presented at the 6<sup>th</sup> European Congress of Hypnosis in Vienna, Austria
- 6 - 12 August 1994: Ego State Therapy with Sexually Traumatized Children. Paper presented at the 13<sup>th</sup> International Congress of Hypnosis in Melbourne, Australia
- 15 - 19 October 1995: The Use of Ego State Therapy in the Treatment of Somatic Reactions to Trauma. Paper presented at the 1<sup>st</sup> Africa Congress in Clinical Hypnosis and Psychosomatic Medicine at Sun City, South Africa
- 21 - 27 June 1997: The Language of Ego States. Paper presented at the 14<sup>th</sup> International Congress of Hypnosis in San Diego, California, USA
- 21 - 27 June 1997: Advanced Techniques of Ericksonian Utilization: The Use of Symptom Words, Figures of Speech and Sequences in Guiding Ego States' Associations. Paper presented at the 14<sup>th</sup> International Congress of Hypnosis in San Diego, California, USA
- 13 - 15 August 1997: From Symptoms to Allies: An Ericksonian Utilization Approach in the Treatment of Sexual Orientation Distress. Paper presented at the 3<sup>rd</sup> National Congress of the Psychological Society of South Africa in Durban, South Africa
- 8 July 1998: Ericksonian Hypnotherapeutic Interventions with Stutterers. Paper presented at the 5<sup>th</sup> World Congress for People who Stutter in Johannesburg, South Africa
- 12 - 14 August 1998: The Language of Ego States. Paper presented at the 4<sup>th</sup> National Congress of the Psychological Society of South Africa in Durban, South Africa
- 25 - 29 November 1998: Paradoxical Interventions in Ego State Therapy. Paper presented at the 3<sup>rd</sup> European Congress on Ericksonian Hypnosis and Psychotherapy in Venice, Italy
- 11 - 13 August 1999: Ericksonian Methods: The Essence of the Story. Paper presented at the 5<sup>th</sup> National Congress of the Psychological Society of South Africa in Durban, South Africa

- 14 - 19 August 1999: The Utilization of Ego State Patterns of Self-Expression in the Treatment of Aphonic Conversion Reactions. Paper presented at the 8<sup>th</sup> European Congress on Hypnosis in Psychotherapy and Psychosomatic Medicine in Noordwijkerhout, The Netherlands
- 7 - 12 December 1999: Ericksonian Approaches to the Treatment of Stuttering and other Communication Disorders. Paper presented at the 7<sup>th</sup> International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy in Phoenix, Arizona, USA
- 17 - 18 December 1999: Ego State Therapy. Theory and Practice. Workshop presented at the Milton Erickson Institute of Rottweil, Germany
- 21 December 1999: Hypnose und Stottertherapie. Workshop presented at the Milton Erickson Institute of Heidelberg, in Heidelberg, Germany
- 15 - 18 August 2000: Ericksonian Approaches to Hypnosis and Psychotherapy. Workshop presented at the 6<sup>th</sup> National Congress of the Psychological Society of South Africa, in Johannesburg, South Africa
- 29 - 30 September 2000: Ericksonian and Ego State Therapy Techniques with Stutterers. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 3 - 6 October 2000: Symposium on Ego State Therapy and Festschrift in honour of Prof J G Watkins. Ego State Therapy: Then and Now. Towards a Naturalistic Utilization Approach. Paper presented at the 15<sup>th</sup> International Congress of Hypnosis in München, Germany
- 3 - 6 October 2000: The Utilization of Ego State Patterns of Self-Expression in the Treatment of Aphonic Conversion Reactions. Paper presented at the 15<sup>th</sup> International Congress of Hypnosis in München, Germany
- 3 - 6 October 2000: The Identification and Utilization of Symptom Phenomena as Trance Phenomena in Ego State Therapy. Advanced workshop presented at the 15<sup>th</sup> International Congress of Hypnosis in München, Germany
- 27- 29 June 2001. Ericksonian Hypnosis and Psychotherapy. Workshop presented at the 1<sup>st</sup> National Conference of the South African Association for Psychotherapy in Grahamstown, Rhodes University, Eastern Cape, South Africa
- 20 - 23 March 2002: Ericksonian Interventions in the Treatment of Childhood Stuttering. Advanced workshop presented at the Vierte

Kindertagung "Hypnoterapeutische und Systemische Konzepte für die Arbeit mit Kindern und Jugendlichen" at the University of Heidelberg, in Heidelberg, Germany

- 20 - 23 March 2002: Das traumatisierte Selbst in hypnotischer Ego-State Therapie mit Kindern. Advanced workshop presented at the Vierte Kindertagung "Hypnoterapeutische und Systemische Konzepte für die Arbeit mit Kindern und Jugendlichen" at the University of Heidelberg, in Heidelberg, Germany
- 25 - 29 September 2002: Symposium: A Celebration of the Life of Helen H. Watkins. Paper presented at the 9<sup>th</sup> Congress of the European Society of Hypnosis in Rome, Italy
- 31 October - 1 November 2002: Sexual Abuse: An Ericksonian Perspective. **Keynote Address** presented at the First South African Conference on Sexual Abuse in Pretoria, South Africa
- 31 October - 1 November 2002: Ego State Interventions in the Treatment of Sexual Abuse Victims. Workshop presented at the First South African Conference on Sexual Abuse in Pretoria, South Africa
- 31 October - 1 November 2002: The False Memory Syndrome: Fact or Fiction? Member of a Panel Discussion at the First South African Conference on Sexual Abuse in Pretoria, South Africa
- 20 - 23 March 2003: Celebrating Jack and Helen Watkins. **Keynote Address** presented at the 1<sup>st</sup> World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany
- 20 - 23 March 2003: Ego State Therapy: Foundations workshop presented at the 1<sup>st</sup> World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany
- 20 - 23 March 2003: Ericksonian Approaches to Ego State Therapy. Intermediate workshop presented at the 1<sup>st</sup> World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany
- 20 - 23 March 2003: Ego State Therapie - Jetzt und Früher. Entwicklung eines Naturalistischen Utilisations Ansatzes. Ein Tribut an John G Watkins. Paper presented in German at the 1<sup>st</sup> World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany
- 20 - 23 March 2003: The Making of an Ego State Therapist. Member of the closing panel discussion at the 1<sup>st</sup> World Congress of Ego State

Therapy. Pathways to Wholeness: Past, Present and Future in Bad Orb, Germany

- 24 - 26 June 2003: Paradoxical Interventions in Ego State Therapy. Paper presented at the 2<sup>nd</sup> South African Conference for Psychotherapy in Grahamstown, Rhodes University, Eastern Cape, South Africa
- 24 - 26 June 2003: The Neglected Self in Hypnotic Ego State Therapy. Workshop presented at the 2<sup>nd</sup> South African Conference for Psychotherapy in Grahamstown, Rhodes University, Eastern Cape, South Africa
- 29 April - 2 May 2004: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 6 May - 9 May 2004: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 12 June 2004: Winning the Mind Game: Hypnotic and Self-Hypnosis Interventions in Sport Psychology. The High Performance Athlete. Paper presented at the Strength and Conditioning Symposium in Pretoria, University of Pretoria, Gauteng, South Africa
- 30 June - 3 July 2004: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 4 July - 7 July 2004: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, Germany
- 18 November - 21 November 2004: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 1 December - 5 December 2004: The Resourceful Self in Hypnotic Ego State Therapy: A New Ericksonian Approach. Workshop presented at the 9<sup>th</sup> International Congress on Ericksonian Approaches to Hypnosis and Psychotherapy in Phoenix, Arizona, USA
- 10 February - 13 February 2005: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, Germany
- 22 June - 26 June 2005: An Introduction to Hypnotic Ego State Therapy. Workshop presented at the 4<sup>th</sup> European Congress of Ericksonian

Hypnosis and Psychotherapy at the University of Krakow, in Krakow, Poland

- 22 June - 26 June 2005: Weaving New Identity Complexes from Conflicting Ego States. Workshop presented at the 4<sup>th</sup> European Congress of Ericksonian Hypnosis and Psychotherapy at the University of Krakow, in Krakow, Poland
- 22 June - 26 June 2005: The Happy Little Girl and the Forgotten German Major: The Retrieval of Traumatic Memories of a Holocaust Survivor. Workshop co-presented with Prof Mia Roth (Ph.D) at the 4<sup>th</sup> European Congress of Ericksonian Hypnosis and Psychotherapy at the University of Krakow, in Krakow, Poland
- 7 July - 10 July 2005: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 29 October - 30 October 2005: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Berliner Fortbildungs Akademie in Steglitz, Berlin, Germany
- 3 November - 11 November 2005: The Resourceful Self in Hypnotic Ego State Therapy with Children: A New-Ericksonian Approach. Workshop presented at the 5<sup>th</sup> Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 3 November - 11 November 2005: Fundamental Training Workshop in Ego State Therapy presented at the 5<sup>th</sup> Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 3 November - 11 November 2005: Neue Horizonte in der Ego-State-Therapie mit Kindern: Fortgeschrittene Anwendungen und Integrationsmöglichkeiten. Workshop presented at the 5<sup>th</sup> Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 19 February - 20 February 2006: The Arts as Ego State Metaphor. Workshop presented at The Best of Psychotherapy: A Congress. Mabula Private Game Lodge, South Africa
- 22 February - 25 February 2006: Weaving New Identity Complexes from Resourceful Ego States. Workshop presented at The Changing Faces of Psychotherapy: A Congress & United We Stand: The Second World Congress on Ego State Therapy. CSIR, Pretoria, South Africa

- 28 February & 1 March 2006: Das generative Selbst in hypnotische Psychotherapie. Workshop presented at the Cape of Good Hope Congress, Erinvale, Somerset West, South Africa
- 23 March - 26 March 2006: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 27 March & 28 March 2006: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 30 March 2006 - 2 April 2006: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 10 May - 12 May 2006: Co-presenter of the Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented with Danie Beaulieu Ph.D at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 18 May 2006: Cumulative Stress and Post Traumatic Stress Disorder of the Professional. Paper presented at the 7<sup>th</sup> Annual National Congress of the South African Professional Society on the Abuse of Children. University of Pretoria, Pretoria, South Africa
- 2 October - 5 October 2006: Fundamental Intensive Training in Ericksonian Approaches to Hypnosis and Psychotherapy. Workshop presented at the University of Fort Hare in East London, South Africa
- 16 November - 19 November 2006: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 20 November 2006: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 21 November 2006: Eye Movement Integration (EMI) Supervision. Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 23 November - 26 November 2006: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 22 February - 25 February 2007: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Freiburg, Germany

- 28 February - 2 March 2007: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 12 - 15 March 2007: Fundamental Intensive Training in Ericksonian Approaches to Hypnosis and Psychotherapy. Workshop presented at the University of Fort Hare in East London, South Africa
- 16 May 2007: The Creative Use of Hypnosis and Collages for Childhood Trauma. Lecture presented at the 8<sup>th</sup> Annual National Child Abuse Conference of the South African Professional Society on the Abuse of Children (SAPSAC) in Pretoria, South Africa
- 17 May 2007: Nurturing the Professional Self - A Practical Experience. Workshop co-presented with Elzette Fritz (D.Ed) at the 8<sup>th</sup> Annual National Child Abuse Conference of the South African Professional Society on the Abuse of Children (SAPSAC) in Pretoria, South Africa
- 8 - 10 June 2007: Co-presenter of the Advanced Intensive Training in Eye Movement Integration (EMI-II). Workshop presented with Danie Beaulieu Ph.D at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 12 - 13 June 2007: Ego State Therapy and the Treatment of Trauma. Workshop presented at the Polski Instytut Ericksonowski in Lodz, Poland
- 16 - 23 June 2007: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Polski Instytut Ericksonowski's Conference in Wigry, Poland
- 16 - 23 June 2007: Advanced Intensive Training in Ego State and Ericksonian Approaches in Working with Sexually Traumatized Children. Workshop presented at the Polski Instytut Ericksonowski's Conference in Wigry, Poland
- 16 - 23 June 2007: Ego State Therapy Supervision. Workshops presented at the Polski Instytut Ericksonowski's Conference in Wigry, Poland
- 25 October 2007: Mentale Stärken und erfahrene Lösungen: Apartheid, Rassismus und die Angst vor dem Fremdem Überwinden. **Keynote Address** presented at the 1<sup>st</sup> Mentale Stärken Congress in Heidelberg, Germany
- 26 October 2007: Awakening, Strengthening and Flourishing: Ego-Strengthening within the context of Sport Psychology. Workshop presented at the 1<sup>st</sup> Mentale Stärken Congress in Heidelberg, Germany

- 27 October 2007: Erwecken, Bestärken und Nähren: Ich-Stärkung im Bereich der Sportpsychologie. Workshop presented at the 1<sup>st</sup> Mentale Stärken Congress in Heidelberg, Germany
- 16 November 2007: Hypnose in der Ego-State Therapie. Workshop presented at the Annual Conference of the Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany
- 20 - 21 November 2007: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 22 - 25 November 2007: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 27 - 28 November 2007: Advanced Intensive Training in Ego State Therapy with Sexually Traumatized Children and Adults. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 29 November - 2 December 2007: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 7 March 2008: Mental Strengths and Experiential Solutions: Conquering the Trauma of Apartheid, Racism, Sexism and Xenophobia. **Keynote Address** presented at the South African Congress on Trauma: Contemporary Psychotherapeutic Approaches in George, South Africa
- 8 March 2008: Understanding Trauma-Related Structural Dissociation of the Personality: Contemporary Research. Workshop presented at the South African Congress on Trauma: Contemporary Psychotherapeutic Approaches in George, South Africa
- 5 May 2008: An Introduction to Ego State Therapy. Workshop presented at the 5<sup>th</sup> Nepalese-German International Medical Conference in Kathmandu, Nepal
- 6 May 2008: Froth on the Cappuccino: Healing the Scars of Racism. Keynote Address presented at the 5<sup>th</sup> Nepalese-German International Medical Conference in Kathmandu, Nepal
- 6 May 2008: You will always be in my Heart: Grief as a Resource in Ego State Therapy. Workshop presented at the 5<sup>th</sup> Nepalese-German International Medical Conference in Kathmandu, Nepal



- 10 May 2008: Eye Movement Integration (EMI) for Overcoming Trauma. Workshop presented at the 5<sup>th</sup> Nepalese-German International Medical Conference in Kathmandu, Nepal
- 12 May 2008: Einführung in der Ego-State Therapie. Workshop presented at the 5<sup>th</sup> Nepalese-German International Medical Conference in Pokhara, Nepal
- 14 May 2008: Du wirst immer in meinem Herzen sein: Trauer als Ressourcen in der Ego-State Therapie. Workshop presented at the 5<sup>th</sup> Nepalese-German International Medical Conference in Pokhara, Nepal
- 19 June 2008: Mental Strengths and Experiential Solutions: Conquering the Trauma of Apartheid, Racism, Sexism and Xenophobia. **Keynote Address** presented at the 5<sup>th</sup> African Conference on Psychotherapy at the University of Limpopo, Turfloop Campus, South Africa
- 19 June 2008: Understanding Trauma-Related Structural Dissociation of the Personality: Contemporary Research. Workshop presented at the 5<sup>th</sup> African Conference on Psychotherapy at the University of Limpopo, Turfloop Campus, South Africa
- 17 September 2008: Homo-Sapiens oder Hetero-Sapiens oder beides?: Utilisation von ressourcen-reichen Ego-States in der Behandlung von sexuellen Orientierungsstörungen. **Invited Address** presented at the 11<sup>th</sup> Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 18 September 2008: Straight Guys with Queer Eyes: The Utilization of Resourceful Ego States – the Treatment of Sexual Orientation Distress. **Keynote Address** presented at the 11<sup>th</sup> Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 18 September 2008: Eye Movement Integration: A New Technique to Overcome Recurrent and Negative Traumatic Memories. Workshop presented at the 11<sup>th</sup> Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 19 September 2008: Bringing out the Best in Your Traumatized Clients: An Ego State Approach. Workshop presented at the 11<sup>th</sup> Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 19 September 2008: The Fundamentals of Ego State Therapy. Workshop presented at the 11<sup>th</sup> Congress of the European Society of Hypnosis in

## Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria

- 20 September 2008: Ego State Therapie: Theorie und Praxis: Ein Einführungsseminar. Workshop presented at the 11th Congress of the European Society of Hypnosis in Psychotherapy and Psychosomatic Medicine at the General Hospital in Vienna, Austria
- 25 - 28 September 2008: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 30 September 2008: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 4 - 5 October 2008: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 3 - 4 November 2008: Re-parenting and re-mothering Techniques in the Treatment of Complex Trauma and Borderline Personality Disorder. Advanced workshop presented at the Ego State Arbeitsgruppe Deutschland in Nürnberg, Germany
- 6 - 8 November 2008: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Swiss Society for Clinical Hypnosis in Chur, Switzerland
- 9 - 11 November 2008: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 13 November 2008: Western Psychology and Traditional Healing in South Africa. **Invited Address** presented at the Congress of the Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany
- 14 November 2008: Ego State Therapie: Ein Einführungsseminar. Workshop presented at the Congress of the Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany
- 17 November 2008: Ego State Therapie und der Umgang mit gewaltsamen Ich-Anteilen. **Invited Address** presented at the Institut für Bildungsphilosophie, Anthropologie und Pädagogik der Lebensspanne, at the Universität zu Köln, Germany

- 17 November 2008: Mentales Stärken und erfahrene Lösungen: Apartheid, Rassismus und die Angst vor dem Fremden überwinden. **Invited Address** presented at the Institut für Bildungsphilosophie, Anthropologie und Pädagogik der Lebensspanne, at the Universität zu Köln, Germany
- 19 November 2008: Ego State Therapy Supervision. Advanced workshop presented at The Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 20 - 23 November 2008: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 21 - 22 March 2009: Fundamental Intensive Training in Ego State Therapy: The State of the Art. Workshop presented at the Swedish Society of Clinical Hypnosis in Malmö, Sweden
- 24 - 25 March 2009: You will always be in my Heart: Grief as a Resource in Psychotherapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 2 - 3 May 2009: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria, in Vienna, Austria.
- 7 - 10 May 2009: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 11 - 12 May 2009: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 13 - 14 May 2009: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 21 May 2009: Eye Movement Integration: A New Technique to Overcome Recurrent and Negative Traumatic Memories. Workshop presented at the 20<sup>th</sup> Anniversary Congress of the Milton Erickson Gesellschaft Austria, in Vienna, Austria
- 22 May 2009: Ego State Therapie: Ein Einführungsseminar. Workshop presented at the 20<sup>th</sup> Anniversary Congress of the Milton Erickson Gesellschaft Austria, in Vienna, Austria

- 4 June 2009: Self-hypnosis in the Treatment of Anxiety Disorders. Advanced Workshop presented at the Milton H. Erickson Institute of South Africa, in Pretoria, South Africa
- 19 June 2009: You will always be in my Heart: Grief as a Resource in Ego State Therapy. Workshop presented at the 20th Annual Trauma & Dissociation Conference - Innovations in Psychotherapy: The Art of Ego State Therapy, in Ottawa, Canada
- 19 June 2009: Awakening, Strengthening and Flourishing: Ego State Therapy and Sport Psychology. Workshop presented at the 20th Annual Trauma & Dissociation Conference - Innovations in Psychotherapy: The Art of Ego State Therapy, in Ottawa, Canada
- 20 June 2009: Ego State Therapy: An Advanced Workshop. Workshop presented at the 20th Annual Trauma & Dissociation Conference - Innovations in Psychotherapy: The Art of Ego State Therapy, in Ottawa, Canada
- 20 June 2009: Mental Strengths and Experiential Solutions: Conquering the Trauma of Apartheid, Racism, Sexism and Xenophobia. **Keynote Address** presented at the 20th Annual Trauma & Dissociation Conference - Innovations in Psychotherapy: The Art of Ego State Therapy, in Ottawa, Canada
- 9 September 2009: Ego State Therapy Supervision. Advanced workshop presented at The Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 10 - 12 September 2009: Advanced Intensive Training in Ego State Therapy. Workshop presented at The Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 14 September 2009: Ego State Therapy Supervision. Advanced workshop presented at The Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 15 - 16 September 2009: Advanced Intensive Training in Ego State Therapy. Workshop presented at The Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 22 September 2009: You will always be in my Heart: Grief as a Resource in Psychotherapy. Advanced Workshop presented at the 18<sup>th</sup> Triennial Congress of the International Society of Hypnosis – Hypnosis and Neuroscience, in Rome, Italy
- 25 September 2009: Straight Guys with Queer Eyes: The Utilization of Resourceful Ego States in the Treatment of Sexual Orientation Distress.

Paper presented at the 18<sup>th</sup> Triennial Congress of the International Society of Hypnosis – Hypnosis and Neuroscience, in Rome, Italy

- 29 October 2009: Einführung in die Ego-State-Therapie. Workshop presented at the 6<sup>th</sup> Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 31 October 2009: Grief and Bereavement bei Kindern - Ego-State-Therapie und Ericksonsche Techniken. Workshop presented at the 6<sup>th</sup> Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 1 November 2009: Eye Movement Integration. Workshop presented at the 6<sup>th</sup> Child Psychotherapy Congress at the University of Heidelberg, in Heidelberg, Germany
- 2 November 2009: Ego State Therapy with Children and the Child Within. Workshop co-presented with Maggie Phillips (Ph.D) at the Milton Erickson Institute of Heidelberg, in Heidelberg, Germany
- 7 - 8 November 2009: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria, in Vienna, Austria
- 11 November 2009: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 12 - 15 November 2009: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 4 February 2010: Eye Movement Integration for Overcoming Trauma. Workshop presented at The Changing Faces of Psychotherapy: A Congress: The Third World Congress on Ego State Therapy. Sun City, South Africa
- 5 February 2010: Are Introjects Ego States? Issues and Answers. Panel discussion at the Third World Congress on Ego State Therapy. Sun City, South Africa
- 6 February 2010: Long Walk to Freedom for the Rainbow Nation: Conquering Apartheid, Racism, Sexism and Xenophobia. **Keynote Address** presented at the Third World Congress on Ego State Therapy. Sun City, South Africa

- 9 February 2010: You will always be in my Heart: Grief as a Resource in Psychotherapy. Workshop presented at The Cape of Good Hope Congress. Stellenbosch, South Africa
- 10 February 2010: Straight Guys with Queer Eyes: The Utilization of Resourceful Ego States in the Treatment of Sexual Orientation Distress. Workshop presented at The Cape of Good Hope Congress. Stellenbosch, South Africa
- 9 - 11 March 2010: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 12 March 2010: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 13 - 14 March 2010: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 16 - 17 March 2010: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 18 - 19 March 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 20 - 21 March 2010: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 24 - 25 March 2010: Bringing out the Best in your Traumatized Clients: An Ego State Approach. Workshop presented at the Danish Society of Clinical Hypnosis, in Copenhagen, Denmark
- 17 July 2010: Contemporary Perspectives on Child Psychotherapy. Workshop presented at the Milton H. Erickson Psychotherapy Society of South Africa in Pretoria, South Africa
- 11 - 12 September 2010: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria, in Vienna, Austria

- 13 - 15 September 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Swiss Society of Clinical Hypnosis in Chur, Switzerland
- 16 - 19 September 2010: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Freiburg, Germany
- 16 October 2010: Trauma in South Africa: New Challenges. Workshop presented at the Milton H. Erickson Psychotherapy Society of South Africa in Pretoria, South Africa
- 19 - 20 October 2010: You will always be in my Heart: Grief as a Resource in Psychotherapy. Workshop presented at the Danish Society of Clinical Hypnosis, in Copenhagen, Denmark
- 22 October 2010: The Influence of Trauma on Musicians. Workshop co-presented with Inette Swart (D.Mus) at the 2<sup>nd</sup> Mentale Stärken Congress in Heidelberg, Germany
- 23 October 2010: Mary Poppins: "Anything can happen when you Let It": Utilizing famous mantra-like statements to succeed in sport, politics, business and in life! Paper presented at the 2<sup>nd</sup> Mentale Stärken Congress in Heidelberg, Germany
- 25 October 2010: Eye Movement Integration (EMI) Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 26 October 2010: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 27 - 28 October 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 30 - 31 October 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria, in Vienna, Austria
- 12 November 2010: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Annual Conference of the Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany

- 15 - 16 November 2010: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 17 November 2010: Eye Movement Integration (EMI) Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil in Rottweil, Germany
- 19 - 20 November 2010: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Aachen, in Aachen, Germany
- 15 - 18 January 2011: Intermediate Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at Peking University Psychotherapy Centre, Beijing, China
- 19 - 20 January 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at Peking University Psychotherapy Centre, Beijing, China
- 4 - 6 March 2011: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 7 - 9 March 2011: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Swiss Society of Clinical Hypnosis in Chur, Switzerland
- 10 - 12 March 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Swiss Society of Clinical Hypnosis in Chur, Switzerland
- 14 March 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 15 - 16 March 2011: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 17 - 19 March 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 23 - 25 March 2011: Fundamental Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa



- 28 - 29 March 2011: Fundamental Intensive Training in Eye Movement Integration. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa
- 16 - 17 June 2011: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 18 - 19 June 2011: You will Always be in my Heart: Grief as a Resource in Psychotherapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 20 June 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 22 June 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 23 - 25 June 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 27 - 28 June 2011: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 30 June 2011 - 2 July 2011: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Freiburg, Germany
- 3 - 5 July 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 8 July 2011: "Ego State Therapy: The State of the Art". **Invited Address** presented at the St. Irmingard Psychiatric Clinic in Prien am Chiemsee, Germany
- 1 - 3 August 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa
- 14 September 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of at the Milton Erickson Gesellschaft Austria in Vienna, Austria

- 15 - 16 September 2011: Advanced Master Class in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 17 - 18 September 2011: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 6 October 2011: Ethical Practice in Therapeutic Psychology: Workshop presented at the Psychology Department, University of Stellenbosch, in Stellenbosch, South Africa
- 4 - 6 November 2011: Intermediate Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 7 - 8 November 2011: Intermediate Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 9 November 2011: Eye Movement Integration (EMI) Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 10 November 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 11 - 13 November 2011: Intermediate Intensive Training in Ego State Therapy (EST). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 14 - 16 November 2011: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 17 - 19 November 2011: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 20 November 2011: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 23 November 2011: Fundamental Training in Ego State Therapy. Pre-Congress workshop presented at the 1st Teile Therapie Tagung (Parts

Therapy Congress) and the 4<sup>th</sup> World Congress in Ego State Therapy, in Heidelberg, Germany

- 24 November 2011: Snakes in Disguise: The Psychology of Evil. **Keynote Address** presented at the 1st Teile Therapie Tagung (Parts Therapy Congress) and the 4<sup>th</sup> World Congress in Ego State Therapy, in Heidelberg, Germany
- 26 November 2011: Ego-State und Transaktionsanalyse – Gemeinsamkeiten und Unterschiede. Panel discussion at the 1st Teile Therapie Tagung (Parts Therapy Congress) and the 4<sup>th</sup> World Congress in Ego State Therapy, in Heidelberg, Germany
- 7 March 2012: Grief and Bereavement. **Invited Address** presented at the St. Irmingard Psychiatric Clinic in Prien am Chiemsee, Germany
- 9 - 11 March 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 12 March 2012: Ego State Therapy Supervision. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 15 - 17 March 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 19 March 2012: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 20 - 21 March 2012: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 23 - 24 March 2012: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 25 March 2012: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 28 - 29 March 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Trauma Institute of Praha, in Praha, Czech Republic

- 2 April 2012: Ego State Therapy: The State of the Art. Invited Address presented at the Zhejiang University, in Hangzhou, China
- 4 - 5 April 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at Zhejiang University, in Hangzhou, China
- 6 - 8 April 2012: Advanced Intensive Training in Ego State Therapy. Workshop presented at Zhejiang University, in Hangzhou, China
- 9 April 2012. Ego State Therapy: The State of the Art. **Invited Address** presented at Peking University Psychotherapy Centre in Beijing, China
- 23 - 25 April 2012: Fundamental Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa
- 7 - 9 May 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa
- 7 - 9 June 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Institute for Systemic Development and Training in Zürich, Switzerland
- 12 - 13 June 2012: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Trauma Institute of Praha, in Praha, Czech Republic
- 15 June 2012: Apartheid, Racism, Sexism and Xenophobia. **Keynote Address** presented at the 2<sup>nd</sup> Hypnosystemic Congress in Zürich, Switzerland
- 15 June 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the 2<sup>nd</sup> Hypnosystemic Congress in Zürich, Switzerland
- 16 - 17 June 2012: Advanced Master Class in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 18 June 2012: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 21 June 2012: Ego State Therapy Supervision. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany

- 22 - 24 June 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 25 - 26 June 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 27 June 2012: Eye Movement Integration (EMI) Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 29 June - 1 July 2012: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 2 July 2012: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 3 - 4 July 2012: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 5 July 2012: Eye Movement Integration (EMI) Supervision. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 7 - 9 July 2012: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 10 July 2012: Ego State Therapy Supervision. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 11 July 2012: Advanced Intensive Training in Ego State Therapy. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 13 - 14 July 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Ego State Therapy International Institute in Zürich, Switzerland
- 6 - 8 August 2012: Intermediate Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa

- 3 - 5 September 2012: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the University of Johannesburg for Masters and Doctoral level students. Johannesburg, South Africa
- 3 - 4 October 2012: Grief and Bereavement. Advanced workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 5 - 7 October 2012: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 12 - 13 October 2012: Grief and Bereavement. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 14 October 2012: Ego State Therapy Supervision. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 19 October 2012: The Treatment of a Sleeping Disorder with Ego State Therapy. **Invited Address** presented at the 19th International Hypnosis Congress in Bremen, Germany
- 20 October 2012: Hypnotic Interventions for Stuttering and Voice Disorders. Workshop presented at the 19th International Hypnosis Congress in Bremen, Germany
- 20 October 2012: Ungeschliffene Diamanten: Ein Ego-State-Ansatz mit Live-Demonstrationen. Workshop presented at the 19th International Hypnosis Congress in Bremen, Germany
- 22 - 23 October 2012: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 24 October 2012: Eye Movement Integration (EMI) Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 25 October 2012: Ego State Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 26 - 28 October 2012: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 29 - 30 October 2012: Ego State Master Class. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany

- 31 October - 1 November 2012: Ego State Special Master Class. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 22 February 2013: Exploring the Dark Side of Human Nature. **Keynote Address** presented at the 5<sup>th</sup> World Congress on Ego State Therapy, in Pretoria, South Africa
- 4 - 5 March 2013: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 7 - 9 March 2013: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 11 - 12 March 2013: Ego State Therapy Master Class. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 13 March 2013: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 15 March 2013: Einführung in die Ego-State-Therapie. Workshop presented at the Annual Congress of the Milton Erickson Gesellschaft Germany, in Bad Kissingen, Germany
- 23 - 25 March 2013: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 26 March 2013: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 3 - 5 April 2013: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 13 - 14 April 2013: Advanced Protocols: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Trauma Institute of Praha, in Praha, Czech Republic
- 17 April 2013: Ungeschliffene Diamanten: Praxis und Übungsteil. Invited Address presented at the St. Irmingard Psychiatric Clinic in Prien am Chiemsee, Germany

- 20 - 21 April 2013: Advanced Clinical Applications in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 23 - 24 April 2013: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Institute for Systemic Development and Training in Zürich, Switzerland
- 29 - 31 May 2013: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton H. Erickson Institutes of South Africa, in Pretoria, South Africa
- 7 - 8 June 2013: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Ego State Therapy International Institute in Zürich, Switzerland
- 9 June 2013: Group Consultation in Ego State Therapy. Workshop presented at the Ego State Therapy International Institute in Zürich, Switzerland
- 10 - 11 June 2013: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Institute for Systemic Development and Training in Zürich, Switzerland
- 14 June 2013: Ego State Therapy Supervision. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 15 - 17 June 2013: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 18 - 20 June 2013: Ego State Therapy Master Class. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 22 - 23 June 2013: Ego State Therapy with Children. Advanced workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 26 June 2013: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 27 - 29 June 2013: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany



- 1 July 2013: Eye Movement Integration (EMI) Supervision. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 2 - 3 July 2013: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 4 - 6 July 2013: Grief and Bereavement. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 8 - 10 July 2013: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 11 - 12 July 2013: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 13 - 14 July 2013: Grief and Bereavement. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 2 - 24 July 2013: Fundamental Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 25 - 26 July 2013: Grief and Bereavement. Advanced workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 31 July - 2 August 2013: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 19 - 21 August 2013: Intermediate Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 25 - 27 September 2013: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 13 October 2013: Ego State Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany

- 14 - 16 October 2013: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 17 - 18 October 2013: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 21 - 23 October 2013: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 24 October 2013: Ego State Therapy Supervision. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 25 - 27 October 2013: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 28 - 29 October 2013: Advanced Master Class in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 30 October 2013: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 2 November 2013: Ego-State und Ericksonsche Techniken bei sexuellem Mißbrauch. Workshop presented at the 7<sup>th</sup> Child Hypnosis Congress in Heidelberg, Germany
- 8 - 10 November 2013: Advanced Clinical Applications in Ego State Therapy. Advanced workshop presented at the Institute für klinische Hypnose und Ego-State-Therapie. Berlin, Germany
- 11 - 13 November 2013: Ego State Master Class. Advanced workshop presented at the Institute für klinische Hypnose und Ego-State-Therapie. Berlin, Germany
- 15 November 2013: Einführung in die Ego-State-Therapie. Workshop presented at the Jubiläumskongress von der Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany
- 17 November 2013: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany

- 18 - 20 November 2013: Ego State Therapy Master Class. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 25 - 27 November 2013: Advanced Intensive Training in Ericksonian Hypnosis and Psychotherapy. Advanced workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 28 - 30 November 2013: Advanced Intensive Training in Ego State Therapy. Advanced workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 12 - 13 February 2014: Grief and Bereavement: An Ego State Approach. Advanced workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 14 February 2014: Ego State Therapy Group Supervision. Workshop presented at the Milton H. Erickson Institutes of South Africa in Pretoria, South Africa
- 25 February 2014: Trauma and Suicide – Suicide and Trauma ..... **Keynote Address** presented at the annual meeting of the Centre d'Information et de Prévention, in Luxembourg.
- 26 February 2014: Diamonds in the Rough: Ego Therapy with Resourceful Ego States. Workshop presented at the annual meeting of the Centre d'Information et de Prévention, in Luxembourg.
- 28 February 2014: One Day Introductory Workshop in Ego State Therapy. Workshop presented at the annual meeting of the Centre d'Information et de Prévention, in Luxembourg.
- 6 March 2014: Diamonds in the Rough: Ego Therapy with Resourceful Ego States. Workshop presented at the annual meeting of the Austrian Society for Autogenic Training and Applied Psychotherapy, in Salzburg, Austria
- 7 March 2014: The Psychology of Evil. **Keynote Address** presented at the annual meeting of the Austrian Society for Autogenic Training and Applied Psychotherapy, in Salzburg, Austria
- 8 March 2014: One Day Introductory Workshop in Ego State Therapy. Workshop presented at the annual meeting of the Austrian Society for Autogenic Training and Applied Psychotherapy, in Salzburg, Austria

- 9 - 11 March 2014: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 13 - 14 March 2014: Advanced Clinical Applications in Ego State Therapy. Advanced workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 20 - 21 March 2014: Advanced Clinical Applications in Ego State Therapy. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 22 - 23 March 2014: Grief and Bereavement. Advanced workshop presented at the Milton Erickson Institute of Bielefeld, in Bielefeld, Germany
- 24 - 25 March 2014: Fundamental Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Institute for Systemic Development and Training in Zürich, Switzerland
- 29 March 2014: Diamonds in the Rough: Ego State Therapy with Resourceful Ego States. Advanced Workshop presented at the annual meeting of the Milton Erickson Gesellschaft (MEG) of Germany, in Bad Lipspringe, Germany
- 1 - 2 April 2014: Ego-State-Therapie und heilsame Körperarbeit 1. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 4 - 6 April 2014: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 7 April 2014: Ego State Therapy Supervision. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 11 April 2014: Snakes in Disguise: The Psychology of Evil. **Keynote Address** presented at the 2<sup>nd</sup> MEISA Trauma Congress in Stellenbosch, South Africa
- 11 April 2014: Diamonds in the Rough: Polish your Pride with Unrecognized Resourceful Ego States. Workshop presented at the 2<sup>nd</sup> MEISA Trauma Congress in Stellenbosch, South Africa

- 5 - 7 May 2014: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 8 May 2014: Ego State Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 9 - 11 May 2014: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 12 - 13 May 2014: Advanced Intensive Training in Eye Movement Integration (EMI). Workshop presented at the Institute for Systemic Development and Training in Zürich, Switzerland
- 16 - 18 May 2014: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 19 - 20 May 2014: Advanced Clinical Applications in Ego State Therapy. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 21 May 2014: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 26 - 28 May 2014: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 29 - 30 May 2014: Malevolent Ego States and Introjects. Advanced workshop presented at the Milton H. Erickson Institutes of South Africa. Pretoria, South Africa
- 22 - 23 June 2014: Advanced Master Class in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 25 - 27 June 2014: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 1 - 2 July 2014: Advanced Clinical Applications in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany

- 9 July 2014: Trauma und Suizid: Ein Ego-State-Ansatz. Invited Workshop presented at the St. Immingard Psychiatric Clinic in Prien am Chiemsee, Germany
- 11 - 12 July 2014: Grief and Bereavement. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 6 - 8 August 2014: Fundamental Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the Milton H. Erickson Institutes of South Africa in Pretoria, South Africa
- 28 - 29 August 2014: Ego State Therapy with Resourceful and Helpful Ego States. Advanced specialization workshop presented at the Milton H. Erickson Institutes of South Africa in Pretoria, South Africa
- 12 - 14 September 2014: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 15 September 2014: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 17 - 18 September 2014: Ego State Therapy with Children and Adolescents. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 19 - 20 September 2014: Advanced Intensive Training in Ego State Therapy. Workshop presented at the Ego State Therapy International Institute of Switzerland, in Zürich, Switzerland
- 21 September 2014: Inter-Supervision Group Consultation in Ego State Therapy. Workshop presented at the Ego State Therapy International Institute of Switzerland, in Zürich, Switzerland
- 22 - 23 September 2014: Neue Entwicklungen in der Traumatherapie: Advanced Workshop in Ego State Therapy. Workshop presented at the Institute for Systemic Development and Training in Zürich, Switzerland
- 25 - 27 September 2014: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 1 - 2 October 2014: Ego State Therapy and Trauma. Advanced specialization workshop presented at the Milton H. Erickson Institutes of South Africa in Pretoria, South Africa

- 16 - 18 October 2014: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 23 October 2014: Diamonds in the Rough: Polish your Pride with Unrecognized Resourceful Ego States. Invited Workshop presented at the 13<sup>th</sup> International Congress of the European Society of Hypnosis in Sorrento, Italy
- 24 October 2014: The Treatment of a Sleeping Disorder with Ego State Therapy. **Keynote Address** presented as part of the first John and Helen Watkins Memorial Lecture on Ego State Therapy at the 13<sup>th</sup> International Congress of the European Society of Hypnosis in Sorrento, Italy
- 8 - 9 November 2014: Grief and Bereavement. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 13 - 15 November 2014: Ego State Master Class. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 16 November 2014: Ego State Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 17 - 19 November 2014: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 21 November 2014: 25 Jahre Erfahrungen mit Ego-State Therapie – Was für eine Reise! **Keynote Address** presented at the 10 Year Jubilee Congress on Ego State Therapy in Rottweil, Germany
- 21 November 2014: Innovative Variations of Ego State Therapy: A Workshop with Live Demonstrations. Workshop presented at the 10 Year Jubilee Congress on Ego State Therapy in Rottweil, Germany
- 24 - 25 February 2015: Ungeschliffene Diamanten: Die Arbeit mit Ressourcevollen Ego-States. Workshop presented at the Institut für systemische Familientherapie, Supervision und Organisationsentwicklung (IFS), in Essen, Germany
- 26 - 28 February 2015: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 1 March 2015: Ego State Therapy Group Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany

- 2 - 3 March 2015: Trauma und Suizid: Ein Ego-State-Ansatz. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 6 - 8 March 2015: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 9 - 11 March 2015: Ego State Therapy Master Class. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 13 - 14 March 2015: Die Arbeit mit ressourcenvollen Ego-States: Erschöpfungsdynamik, Angststörungen und Traumafolgestörungen. Workshop presented at the Milton Erickson Institute für Hypnosystemische Kompetenzerweiterung in Innsbruck, Austria
- 18 March 2015: Ego-State-Therapie und heilsame Körperarbeit. **Invited Workshop** presented at the St. Irmingard Psychiatric Clinic in Prien am Chiemsee, Germany
- 20 March 2015: Ego-State-Therapie und heilsame Körperarbeit. Workshop presented at the Annual Congress of the Milton Erickson Gesellschaft Germany, in Bad Kissingen, Germany
- 23 - 25 March 2015: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 26 March 2015: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Graz in Graz, Austria
- 27 - 29 March 2015: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Graz in Graz, Austria
- 16 - 17 April 2015: Ego State Master Class. Advanced workshop presented at the Milton H Erickson Institutes of South Africa in Pretoria, South Africa
- 4 - 8 May 2015: Introductory Training in Ego State Therapy (Part 1). Workshop presented at the Milton H. Erickson Institutes of South Africa in Pretoria, South Africa
- 18 - 22 May 2015: German Ego State Therapy Lekgotla, (5 days). Advanced workshop presented at the Milton H. Erickson Institutes of South Africa in Mabula Game Lodge, South Africa



- 28 May 2015: Our Bodies, Our Selves: Healing Trauma with Somatic Ego State Therapy. **Invited Address** presented at the 9<sup>th</sup> International Congress of the Italian Society of Hypnosis in Orvieto, Italy
- 8 - 10 June 2015: Advanced Clinical Applications in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 12 - 14 June 2015: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 15 June 2015: Ego State Therapy Group Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 16 - 17 June 2015: Der Teufel trägt Prada. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 18 June 2015: Ungeschliffene Diamanten: Ein-Ego-State-Ansatz mit Live-Demonstrationen. **Invited Address** presented at the Department of Humanities at the University of Cologne, in Köln, Germany
- 19 June 2015: Teufel in Menschengestalt? Zur Psychologie des Bösen. **Keynote Address** presented at the 3<sup>rd</sup> Hypno-systemic Conference of the Institut für systemische Entwicklung und Fortbildung, in Zürich, Switzerland
- 20 June 2015: Ungeschliffene Diamanten: Ein-Ego-State-Ansatz mit Live-Demonstrationen. **Invited Workshop** presented at the 3<sup>rd</sup> Hypno-systemic Conference of the Institut für systemische Entwicklung und Fortbildung, in Zürich, Switzerland
- 22 June 2015: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 23 - 25 June 2015: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 28 - 30 June 2015: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 2 July 2015: Ego State Therapy Supervision. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany

- 3 - 4 July 2015: Ego-State-Therapie und heilsame Körperarbeit 2. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 28 August 2015: Bringing out the Best in your Traumatized Clients: A combined Ego State and Hypno-Somatic Approach with live Demonstrations. **Invited Workshop** presented at the 20<sup>th</sup> International Congress of Hypnosis in Paris, France.
- 3 September 2015: Ego State Therapy Group Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 4 - 6 September 2015: Advanced Clinical Applications in Ego State Therapy. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 7 - 9 September 2015: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 11 - 12 September 2015: Der Teufel trägt Prada. Advanced workshop presented at the Ego State Therapy International Institute of Switzerland, in Zürich, Switzerland
- 13 September 2015: Inter-Supervision Group Consultation in Ego State Therapy. Workshop presented at the Ego State Therapy International Institute of Switzerland, in Zürich, Switzerland
- 16 - 17 September 2015: Advanced Master Class in Ego State Therapy. Workshop presented at the Milton H. Erickson Institute of South Africa in Pretoria, South Africa
- 18 - 20 September 2015: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 21 – 22 September 2015: Ego-State-Therapie und heilsame Körperarbeit. Advanced workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 23 September 2015: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 12 - 16 October 2015: Beginners Training in Ego State Therapy (Part 2). Workshop presented at the Milton H. Erickson Institutes of South Africa in Pretoria, South Africa

- 26 October 2015: Ego State Therapy Supervision. Workshop presented at the Milton Erickson Institute of Graz in Graz, Austria
- 27 - 28 October 2015: Advanced Clinical Applications in Ego State Therapy. Advanced workshop presented at the Milton Erickson Institute of Graz in Graz, Austria
- 29 - 31 October 2015: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 1 - 2 November 2015: Master Class in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 4 November 2015: Fundamental Training in Ego State Therapy. Pre-Congress workshop presented at the 2<sup>nd</sup> Teile Therapie Tagung (Parts Therapy Congress), in Heidelberg, Germany
- 5 November 2015: Überleben durch Vergessen: Die jüdische Geliebte, der Retter von der Gestapo und die kleine Zeugin. **Keynote Address** co-presented with Prof Mia Roth at the 2<sup>nd</sup> Teile Therapie Tagung (Parts Therapy Congress), in Heidelberg, Germany
- 5 November 2015: Wie man Klienten mit reichhaltigen Ressourcen am besten profitieren lässt: Ein kombinierter Ego-State- und hypno-somatischer Ansatz mit Live-Demonstrationen. Advanced workshop presented 2<sup>nd</sup> Teile Therapie Tagung (Parts Therapy Congress), in Heidelberg, Germany
- 10 November 2015: Ego State Supervision. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 11 - 12 November 2015: Ego-State-Therapie und heilsame Körperarbeit 1. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 13 - 14 November 2015: Ego-State-Therapie und heilsame Körperarbeit 2. Advanced workshop presented at the Trauma Institute of Southern Germany, in München, Germany
- 16 - 18 November 2015: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany

- 20 - 21 November 2015: Advanced Clinical Applications in Ego State Therapy. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 25 - 29 January 2016: Intermediate Intensive Training in Ego State Therapy (Part 2). Workshop presented at the Milton H. Erickson Institutes of South Africa in Pretoria, South Africa
- 21 February 2016: 25 Years' Experience in Hypnotic Psychotherapy: A Compilation of Interesting Cases. **Keynote Address** presented at the 6<sup>th</sup> World Congress on Ego State Therapy, Mabula, Limpopo, South Africa
- 24 February 2016: Ungeschliffene Diamanten: Die Arbeit mit ressourcervollen Ego-States, Ein Ego-State-Ansatz mit Live-Demonstrationen. Workshop presented at the Cape of Good Hope Congress, Stellenbosch, South Africa
- 4 March 2016: Neue Varianten der Ego-State-Therapie: ein Workshop mit Live-Demonstrationen. Workshop presented at the Annual Congress of the Milton Erickson Gesellschaft Germany, in Bad Kissingen, Germany
- 7-9 March 2016: Einführung in die Ego-State-Therapie. Workshop presented at the Milton Erickson Institute of Rottweil, in Denzlingen Germany
- 10-11 March 2016: Vertiefungsseminar: Angewandte Ego-State-Therapie: Praxis und Übungsteil. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 12-14 March 2016: Ego-State-Therapie Seminar 2. Workshop presented at Milton Erickson Institute of Austria, in Vienna, Austria
- 15-16 March 2016: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Advanced workshop presented at Milton Erickson Institute of Austria, in Vienna, Austria
- 18 March 2016: Ungeschliffene Diamanten: Ein Ego-State-Ansatz mit Live-Demonstrationen. **Invited Workshop** presented at the Sigmund Freud Private University in Vienna, Austria
- 19-21 March 2016: Einführung in die Ego-State-Therapie: Seminar 1. Workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 22-23 March 2016: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Advanced workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria

- 30 March-1 April 2016: Fundamental Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the Milton H. Erickson Institutes of South Africa, in Pretoria, South Africa
- 7-9 April 2016: Einführung in die Ego-State-Therapie. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 11-13 April 2016: Einführung in die Ego-State-Therapie. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 14 April 2016: Ego State Therapy Group Supervision. Presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 15-16 April 2016: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 18-20 April 2016: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 22-23 April 2016: Trauma und Suizid, Ein Ego-State-Ansatz. Advanced workshop presented at the Trauma Institut Süddeutschland, in München, Germany
- 24-26 April 2016: Einführung in die Ego-State-Therapie. Workshop presented at the Trauma Institut Süddeutschland, in München, Germany
- 29-30 April 2016: Neue Varianten der Ego-State-Therapie: ein Workshop mit Live-Demonstrationen. Advanced workshop presented at the Ego State Therapy International Institute of Switzerland, in Zürich, Switzerland
- 26 May 2016: Berührung und "Embodiment" bei komplexen Trauma: Warum Reden allein nicht reicht! **Keynote Address** presented at the 2<sup>nd</sup> Reden reicht nicht Congress in Heidelberg, Germany
- 26 May 2016: Mit Augen zu(r) sich/ Sicht, vom Trauma zum Licht: Ego-State-Therapie und Augenbewegungen – eine erstaunliche Kombination zur Lösung von Traumata. Workshop presented at the 2<sup>nd</sup> Reden reicht nicht Congress in Heidelberg, Germany
- 6-8 June 2016: Intermediate Intensive Training in Ego State Therapy. Seminar 2. Workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria

- 9 June 2016: Ego State Therapy Group Supervision. Presented at Milton Erickson Institute of Austria, in Vienna, Austria
- 10-11 June 2016: Ego-State-Therapie Vertiefungsseminar: Angewandte Ego-State-Therapie: Praxis und Übungsteil. Workshop presented at Milton Erickson Institute of Austria, in Vienna, Austria
- 13-15 June 2016: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 16 June 2016: Ego State Therapy Group Supervision. Presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 17-18 June 2016: Der Teufel trägt Prada: Ego-State-Therapie mit destruktiven Ego-States und Introjekten. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 20-22 June 2016: Ego-State-Therapie und Augengbewegungen – eine erstaunliche Kombination zur Lösung von Traumata. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 24-26 June 2016: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Denzlingen, Germany
- 28-29 June 2016: Einführung in die Ego-State-Therapie. Workshop presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 1-3 July 2016: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Trauma Institut Süddeutschland, in München, Germany
- 4-5 July 2016: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Advanced workshop presented at the Trauma Institut Süddeutschland, in München, Germany
- 6 July 2016: Umgang mit Trauer und Verlust. **Invited Workshop** presented at St. Irmingard Psychiatric Clinic in Prien am Chiemsee, in Chiemsee, Germany
- 8-9 July 2016: Vertiefungsseminar: Angewandte Ego-State-Therapie: Praxis und Übungsteil. Workshop presented at the Trauma Institut Süddeutschland, in München, Germany

- 15-17 July 2016: Bringing out the Best in your Traumatized Clients: A Combined Ego State and Hypno-Somatic Approach with Live Demonstrations. (3 days). Workshop presented at the Whole Person Centre, in Hong Kong, China
- 20-24 July 2016: Ego State Therapy Fundamental Training Part 1 (5 days). Workshop presented at the Chinese Society of Hypnosis, in Beijing, China
- 1-5 August 2016: Ego State Therapy Advanced Workshop, Part 4. Workshop presented at the Milton H. Erickson Society of South Africa, in Pretoria, South Africa
- 19 August 2016: Introduction to Hypnosis in Psychotherapy. **Invited Lecture** presented at the Psychology Department, Weskoppies Psychiatric Hospital, in Pretoria, South Africa
- 9-11 September 2016: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 12-14 September 2016: Ego-State-Therapie und Augengbewegungen – eine erstaunliche Kombination zur Lösung von Traumata. Advanced workshop presented at the Milton Erickson Institute of Krefeld in Krefeld, Germany
- 16-18 September 2016: Einführung in die Ego-State-Therapie. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 19-20 September 2016: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Advanced workshop presented at the Milton Erickson Institute of Krefeld in Krefeld , in Krefeld, Germany
- 26-27 September 2016: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Westfälische Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 17-21 October 2016: German Ego State Therapy Lekgotla, (5 days). Advanced workshop presented at the Milton H. Erickson Institutes of South Africa in Mabula Game Lodge, South Africa
- 29-31 October 2016: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Advanced workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 31 October - 1 November 2016: Fortgeschrittenen-Seminar in Ego-State-Therapie: Vertiefungsseminar: Angewandte Ego-State-Therapie: Praxis

und Übungsteil. Workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria

- 2 November 2016: Ego State Therapy Group Supervision. Presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 3 November 2016: Sicherheits- und Stabilisierungs-techniken für traumatisierte Jugendliche aus hypnopsycho-therapeutische Sicht. Workshop presented at the 8<sup>th</sup> Child Hypnosis Congress, in Heidelberg, Germany
- 7-8 November 2016: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Advanced workshop presented at Milton Erickson Institute of Austria, in Vienna, Austria
- 10-12 November 2016: Fortgeschrittenen-Seminar in Ego-State-Therapie: Vertiefungsseminar: Angewandte Ego-State-Therapie: Praxis und Übungsteil. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 13 November 2016: Ego State Therapy Group Supervision. Presented at the Milton Erickson Institute of Krefeld in Krefeld, in Krefeld, Germany
- 14-15 November 2016: Ego-State-Therapie Master Class. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 17-19 November 2016: Ego-State-Therapie: ein psycho-somatischer Ansatz mit Live-Demonstrationen. Workshop presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie (DGH) Congress, in Bad Lippspringe, Germany
- 15-19 February 2017: Ego State Therapy Fundamental Training Part 2 (5 days). Workshop presented at the Chinese Society of Hypnosis, in Beijing, China
- 3-5 March 2017: Fundamental Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 6-7 March 2017: Berührung, "Embodiment" und Hypnose bei komplexen Traumata, (Part 1). Advanced workshop presented at the Institut für systemische Entwicklung und Fortbildung, in Zürich, Switzerland
- 8-9 March 2017: Vertiefungsseminar: Angewandte Ego-State-Therapie: Praxis und Übungsteil. Workshop presented at the Westfälische Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany



- 10-12 March 2017: Einführung in die Ego-State-Therapie. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 13-15 March 2017: Du wirst immer in meinem Herzen sein: Trauer als Ressource in der Psychotherapie. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 16 March 2017: Ego State Therapy Group Supervision. Presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 17 March 2017: Ego State Therapy Group Supervision. Presented at the Milton Erickson Institute of Bielefeld, in Bielefeld, Germany
- 18-19 March 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Advanced workshop presented at the Milton Erickson Institute of Bielefeld, in Bielefeld, Germany
- 23-25 March 2017: Berührung und "Embodiment" bei komplexem Trauma: ein neuer Ansatz in der Hypno-Psychotherapie. Workshop presented at the Annual Congress of the Milton Erickson Gesellschaft Germany, in Bad Kissingen, Germany
- 26 March 2017 Ego State Therapy Group Supervision. Presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 27-29 March 2017: Vertiefungsseminar: CAAngewandte Ego-State-Therapie: Praxis und Übungsteil. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 19-21 April 2017: Einführung in die Ego-State-Therapie. Workshop presented at the Hamburger Institut für Traumatherapie, in Hamburg, Germany
- 22-23 April 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Advanced workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 24-26 April 2017: Einführung in die Ego-State-Therapie. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany
- 27-29 April 2017: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Rottweil, in Denzlingen, Germany

- 30 April – 1 May 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Denzlingen, Germany
- 3 May 2017: Der Teufel trägt Prada: Ego-State-Therapie mit destruktiven Ego-States und Introjekten. **Invited Workshop** presented at the Klinik Chiemsee Winkel at Seebruck, Chiemsee, Germany
- 6 May 2017: Body Trance bei komplexen Traumata. **Invited Workshop** presented for the Deutsche Gesellschaft für Hypnose und Hypnotherapie (DGH), in Bad Lippspringe, Germany
- 9-11 May 2017: Der Teufel trägt Prada: Ego-State-Therapie mit destruktiven Ego-States und Introjekten. Advanced workshop presented at the Westfälische Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 2-4 June 2017: Ego State Therapy Seminar 2. Workshop presented at the Milton Erickson Gesellschaft Austria in Vienna, Austria
- 6-8 June 2017: Einführung in die Ego-State-Therapie. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 9-11 June 2017: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 12-14 June 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 16-17 June 2017: Ego State Therapy, Seminar 1. Workshop presented at the Ego State Therapy International Institute of Switzerland, in Zürich, Switzerland
- 18-20 June 2017: Einführung in die Ego-State-Therapie. Workshop presented at the Trauma Institut Süddeutschland, in München, Germany
- 21 -22 June 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Advanced workshop presented at the Trauma Institut Süddeutschland, in München, Germany
- 24-26 June 2017: Vertiefung in die Ego-State-Therapie. Workshop presented at the Milton Erickson Institute of Rottweil, in Rottweil, Germany

- 27-28 June 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Denzlingen, Germany
- 30 June – 1 July 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Advanced workshop presented at the Westfälische Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 15-19 July 2017: Ego State Therapy Fundamental Training Part 3, (5 days). Workshop presented at the Chinese Society of Hypnosis, in Beijing, China
- 21 July 2017: Bringing out the Best in your Traumatized Clients: An Introduction to Ego State Therapy with Live Demonstrations. **Invited Workshop** presented at the First Chinese Society of Hypnosis Congress in Beijing, China
- 23 July 2017: Dealing with Trauma: A Combined Hypno-Somatic Approach with Live Demonstrations. **Invited Workshop** presented at the First Chinese Society of Hypnosis Congress in Beijing, China
- 26-30 July 2017: Ego State Therapy Fundamental Training Part 2 (5 days). Workshop presented at the Whole Person Centre, in Hong Kong, China
- 3-5 August 2017: An Introduction to Ego State Therapy: Workshop presented at the Whole Person Centre, in Singapore
- 11 August 2017: Introduction to Hypnosis in Psychotherapy. **Invited Lecture** presented at the Psychology Department, Weskoppies Psychiatric Hospital, in Pretoria, South Africa
- 14-16 August 2017: Intermediate Intensive Training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the Milton H. Erickson Institutes of South Africa, in Pretoria, South Africa
- 17-19 August 2017: Eye Movement Reorganization (EMR). Advanced workshop presented at the Milton H. Erickson Institutes of South Africa, in Pretoria, South Africa
- 8-10 September 2017: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 11-13 September 2017: Eye Movement Reorganization: Ego-State-Therapie und Augengbewegungen – eine erstaunliche Kombination zur Lösung von Traumata. Workshop presented at the Wiesbadener Institut

für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany

- 15-17 September 2017: Vertiefung in die Ego-State-Therapie. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 18 September 2017: Ego State Therapy Group Supervision. Presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 19-21 September 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 22-24 September 2017: Intermediate Intensive Training in Ego State Therapy. Workshop presented at the Hamburger Institut für Traumatherapie, in Hamburg, Germany
- 25-26 September 2017: Vertiefung in die Ego-State-Therapie. Workshop presented at the Milton Erickson Gesellschaft Austria, in Vienna, Austria
- 28-30 September 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Advanced workshop presented at the Milton Erickson Institute of Rottweil, in Denzlingen, Germany
- 29 October 2017: Ego State Therapy Group Supervision. Presented at the Trauma Institut Süddeutschland, in München, Germany
- 30-31 October 2017: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Advanced workshop presented at the Trauma Institut Süddeutschland, in München, Germany
- 1-2 November 2017: Berührung, "Embodiment" und Hypnose bei komplexen Traumata, (Part 2). Advanced workshop presented at the Institut für systemische Entwicklung und Fortbildung, in Zürich, Switzerland
- 3-4 November 2017: Ego State Therapy, Seminar 2. Workshop presented at the Ego State Therapy International Institute of Switzerland, in Zürich, Switzerland
- 5 November 2017: Inter-Supervision Group Consultation in Ego State Therapy. Workshop presented at the Ego State Therapy International Institute of Switzerland, in Zürich, Switzerland
- 6-8 November 2017: Vertiefung in die Ego-State-Therapie. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany

- 10-12 November 2017: Einführung in die Ego-State-Therapie. Workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 13-14 November 2017: Der Teufel trägt Prada: Ego-State-Therapie mit destruktiven Ego-States und Introjekten. Advanced workshop presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 15 November 2017: Ego State Therapy Group Supervision. Presented at the Milton Erickson Institute of Krefeld, in Krefeld, Germany
- 16 November 2017: Körper und Seele in Balance: Berührung, Embodiment und Hypnose. **Keynote Address** presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie (DGH) Congress, in Bad Lippspringe, Germany
- 17 November 2017: In Balance sein: Berührung, Embodiment und Hypnose. Workshop presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie (DGH) Congress, in Bad Lippspringe, Germany
- 27 November - 1 December 2017: German Ego State Therapy Lekgotla, (5 days). Advanced workshop presented at the Milton H. Erickson Institutes of South Africa in Mabula Game Lodge, South Africa
- 20-23 January 2018: Ego State Therapy Advanced Workshop. Presented at the Chinese Society for Hypnosis, Beijing, China
- 24 January 2018: Ego State Therapy Advanced Group Supervision. Presented at the Chinese Society for Hypnosis, Beijing, China
- 26-28 January 2018: Ego-State-Therapie Aufbau-seminar. Presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 29 January 2018: Ego-State-Therapie Gruppensupervision. Presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 30-31 January 2018: Somatische Ego-State-Therapie Seminar 3. Presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 2-3 February 2018: Somatische Ego-State-Therapie Seminar 1. Workshop presented at the Milton Erickson Institute of Austria, in Vienna, Austria
- 5-6 February 2018: Ego-State-Therapie Seminar 1. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany

- 7-8 February 2018: Ego-State-Therapie Seminar 2. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 9-10 February 2018: Somatische Ego-State-Therapie Seminar 1. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 28 February 2018: Moderne Traumatherapie. Presented at Das Alexander Therapieforum, Köln, Germany
- 1 March 2018: Hypnotherapie schwerer Störungen. Presented at Das Alexander Therapieforum, Köln, Germany
- 3-4 March 2018: Ego-State-Therapie Seminar 1. Workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 5-6 March 2018: Somatische Ego-State-Therapie Seminar 1. Workshop presented at the Trauma Institut Süddeutschland, in München, Germany
- 7-9 March 2018: Ego-State-Therapie Seminar 1. Workshop presented at The Milton Erickson Institute of Rottweil, in Denzlingen, Germany
- 10 March 2018: Somatische Ego-State-Therapie Seminar 1. Workshop presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 11 March 2018: Gruppensupervision. Presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 12 March 2018: Gruppensupervision. Presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 13-14 March 2018: Ego-State-Therapie Vertiefungseminar: Workshop presented at the Hamburger Institut für Traumatherapie, in Hamburg, Germany
- 16 March 2018: Trance und Augenbewegungen – eine erstaunliche Kombination zur Auflösung von Traumata. Eine Live-Demonstration. Presented at the Milton Erickson Gesellschaft für Klinische Hypnose -MEG Jahrestagung (Annual Congress), in Bad Kissingen, Germany
- 20-22 March 2018: Ego-State-Therapie Seminar 1. Workshop presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany

- 23-24 March 2018: Body Trance Seminar 1. Workshop presented at the IEF Institute in Zürich, Switzerland
- 20-22 April 2018: Ego-State-Therapie Seminar 1. Workshop presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 23 April 2018: Gruppensupervision. Presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 25-26 April 2018: Ego-State-Therapie Vertiefung. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 27 April 2018: Gruppensupervision. Presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 28-29 April 2018: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 30 April - 1 May 2018: Ego-State-Therapie Seminar 3. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 2-3 May 2018: Ego-State-Therapie Seminar 4. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 4 May 2018: Gruppensupervision. Presented at the Milton Erickson Institute of Austria, in Vienna, Austria
- 4-5 May 2018: 2018: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Workshop presented at the Milton Erickson Institute of Austria, in Vienna, Austria
- 6-7 May 2018: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 9 May 2018: Innere Systeme stärken, flow ermöglichen. Presented at Klinik Chiemsee Winkel Seebruck, in Chiemsee, Germany
- 10-11 May 2018: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Workshop presented at the Trauma Institut Süddeutschland, in München, Germany

- 1-3 June 2018: Ego State Seminar 1 and 2. Workshop presented at the Hamburger Institut für Traumatherapie, in Hamburg, Germany
- 4-5 June 2018: Ego State Seminar 4. Workshop presented at the Hamburger Institut für Traumatherapie, in Hamburg, Germany
- 6-7 June 2018: Ego State Seminar 3. Workshop presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 11-12 June 2018: Body Trance Seminar 2. Workshop presented at the IEF Institute in Zürich, Switzerland
- 14 June 2018: Key Note Address: Connexion corps et âme: incarnation, toucher et transe. Presented at the Hypnosis and Pain Congress in Saint-Malo, France
- 14 June 2018: La transe du corps: une approche hypnosomatique combinée pour patients traumatisés. Workshop Presented at the Hypnosis and Pain Congress in Saint-Malo, France
- 19-21 June 2018: Bringing out the best in your traumatized clients: A combined Ego State and hypno-somatic approach with live demonstrations. Workshop presented at Emergences in Rennes, France
- 23-24 June 2018: Ego State Therapy Seminar 4. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 25-26 June 2018: Ego State Therapy und Heilsame Körperarbeit 2. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 27-29 June 2018: Ego State Therapy Seminar 1. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 30 June – 1 July 2018: Ego State Therapy Seminar 2. Workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 13-15 July 2018: Introduction to Ego State Therapy. Workshop presented at Ego State Therapy Japan in Kobe, Japan
- 18-22 July 2018: Beginners training in Ego State Therapy. Workshop presented at the Chinese Society of Hypnosis in Beijing, China
- 25-29 July 2018: Ego State Therapy Module 4. Workshop presented at the Whole Person Center in Hong Kong, China



- 25 August 2018: Body Trance: A combined Hypno-Somatic approach with traumatized clients. Workshop presented at the XXI World Congress of Medical and Clinical Hypnosis in Montreal, Canada
- 8-9 September 2018: Ego State Therapy Seminar 3. Workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 10 September 2018: Ego State Therapy Group supervision. Presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 13-14 September 2018: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 17-19 September 2018: Ego State Therapy Seminar 2 and 3. Workshop presented at the Hamburger Institut für Traumatherapie, in Hamburg, Germany
- 20-21 September 2018: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Workshop presented at the Hamburger Institut für Traumatherapie, in Hamburg, Germany
- 23-24 September 2018: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Workshop presented at the Milton Erickson Institute of Austria, in Vienna, Austria
- 25-26 September 2018: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 27 September 2018: Ego State Therapy Group supervision. Presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 28-29 September 2018: Ego State Therapy Seminar 2. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 4-8 October 2018: Ego State Therapy Intensive. Workshop presented at Mabula Game Lodge, Bela Bela, South Africa
- 25 October 2018: Bringing out the best in your Traumatized Clients. Workshop presented at the Italian Society of Hypnosis Congress in Bologna, Italy
- 26 October 2018: Keynote Address: The Body Soul Connection. Presented at the Italian Society of Hypnosis Congress in Bologna, Italy

- 31 October 2018: Ein Führung in Ego-State-Therapie. Pre-Congress workshop presented at the Teile Therapie Tagung in Heidelberg, Germany
- 1 November 2018: Keynote Address: Trump, Trance, Teile – Tricks der Machtaber. Presented at the Teile Therapie Tagung in Heidelberg, Germany
- 2 November 2018: Ego-State-Therapie Fünf Punkt Null: Ein neues Kurzzeitinterventionsmodell zur Auflösung von Traumata mit Live-Demonstrationen. Workshop presented at the Teile Therapie Tagung in Heidelberg, Germany
- 5-6 November 2018: Du wirst immer in meinem Herzen sein: Trauer als Ressource. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 7-8 November 2018: Ego State Therapy Seminar 4. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 9-11 November 2018: Ego State Therapy Seminar 1. Presented at Institut für Traumatherapie und Egostate München in München, Germany
- 13-14 November 2018: Ego State Therapy Seminar 4. Presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 16 November 2018: Eye Movement Reprocessing (EMR). Presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie Kongress in Bad Lippspringe, Germany
- 16 November 2018: Conversation hour with Dr Woltemade Hartman. Presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie Kongress in Bad Lippspringe, Germany
- 19-20 November 2018: Ego-State-Therapie und Augenbewegungen. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 23-24 November 2018: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 7-9 January 2019: Fundamental training in Ericksonian Hypnosis and Psychotherapy. Workshop presented at the Whole Person Centre Hong Kong, in Hong Kong, China

- 10 January 2019: Ego State Therapy Demonstration Master Class. Workshop presented at the Whole Person Centre Hong Kong, in Hong Kong, China
- 12-14 January 2019: Body Trance 1: A combined Ego State and hypnosomatic approach with live demonstrations. Workshop presented at the Chinese Society of Hypnosis in Beijing, China
- 16-20 January 2019: Intermediate training in Ego State Therapy. Workshop presented at the Chinese Society of Hypnosis in Beijing, China
- 23-24 January 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 25-27 January 2019: Ego State Therapy Seminar 1. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 28-29 January 2019: Du wirst immer in meinem Herzen sein: Trauer als Ressource. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 31-31 January 2019: Body Trance Seminar 1. Workshop presented at the IEF Institute in Zürich, Switzerland
- 2-3 March 2019: Ego State Therapy Seminar 1. Workshop presented at the Milton Erickson Institute of Austria, in Vienna, Austria
- 4-5 March 2019: Ego State Therapy Seminar 2. Workshop presented at the Milton Erickson Institute of Austria, in Vienna, Austria
- 7-8 March 2019: Ego State Therapy Seminar 1. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 9-10 March 2019: Ego State Therapy Seminar 2. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 11-12 March 2019: Ego State Therapy Seminar 1. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 16-17 March 2019: Ego State Therapy Seminar 2. Workshop presented at Institut für Traumatherapie und Egostate München in München, Germany

- 27-28 March 2019: Ego State Therapy Seminar 2. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 1-3 April 2019: Ego State Therapy Seminar 1. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 4-6 April 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Workshop presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 4 April 2019: Ego-State-Therapie Gruppensupervision. Presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 7-8 April 2019: Ego State Therapy Seminar 4. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 11-14 April 2019: Fundamental Training in Ego State Therapy. Workshop presented at Ego State Therapy Japan, in Kobe, Japan
- 1-4 May 2019: Keynote Address and workshop presented at the MEGA Congress in Vienna, Austria
- 5-6 May 2019: Ego State Therapy Seminar 3. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 7-8 May 2019: Ego State Therapy Seminar 4. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 9-11 May 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Workshop presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 9 May 2019: Ego State Therapy Group supervision presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 12-13 May 2019: Ego State Therapy Seminar 3. Workshop presented at Institut für Traumatherapie und Egostate München in München, Germany
- 16-17 May 2019: Ego State Therapy Masterclass. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany

- 30 May – 2 June 2019: 3 Panel discussions and 2 workshop presented at the 15 Jahre Ego-State-Therapie Deutschland, und Zweite Ego-State Therapie Tagung in Rottweil, Germany
- 4-5 June 2019: Ego State Therapy Seminar 4. Workshop presented at Institut für Traumatherapie und Egostate München in München, Germany
- 6-8 June 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 20-23 June 2019: Keynote Address and workshop presented at the “Reden reicht nicht” Congress in Bremen, Germany
- 24-25 June 2019: Du wirst immer in meinem Herzen sein: Trauer als Ressource. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 26-27 June 2019: Ego State Therapy Seminar 1. Workshop presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 28-29 June 2019: Ego State Therapy Seminar 2. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 30 June – 1 July 2019: Ego State Therapy Seminar 3. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 2-3 July 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 6-10 July 2019: Ego State Therapy Module 4. Workshop presented at the Whole Person Centre Hong Kong, in Hong Kong, China
- 13-15 July 2019: Body Trance 2: A combined Ego State and hypno-somatic approach with live demonstrations. Workshop presented at the Chinese Society of Hypnosis in Beijing, China
- 16-20 July 2019: Advanced training in Ego State Therapy: Workshop presented at the Chinese Society of Hypnosis in Beijing, China
- 24-28 July 2019: Ego State Therapy Module 2. Workshop presented at Ego State Therapy Japan, in Kobe, Japan

- 6-7 September 2019: Ego State Therapy Seminar 5. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 8-9 September 2019: Ego State Therapy Seminar 6. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 10-11 September 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 13-14 September 2019: Ego State Therapy Seminar 4. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 15-16 September 2019; Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 20-21 September 2019: Ego State Therapy Seminar 3. Workshop presented at the Milton Erickson Institute of Austria, in Vienna, Austria
- 22-23 September 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 24-25 September 2019: Ego State Therapy Seminar 1. Workshop presented at the Trenkle Organisation in Rottweil, Germany
- 26-27 September 2019: Du wirst immer in meinem Herzen sein: Trauer als Ressource. Workshop presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 26 September 2017: Ego-State-Therapie Gruppensupervision. Presented at the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 30 September – 5 October 2019: Ego State Therapy Intensive. Workshop presented at Mabula Game Lodge, Bela Bela, South Africa
- 15-19 October 2019: First Asian Hypnosis Congress, in Mashhad, Iran. Keynote address: 25 Years' Experience with Hypnotic Ego State Therapy.: A compilation of my most interesting cases. Workshop: Bringing out the best in your traumatized clients: A combined Ego State and hypnosomatic approach with live demonstrations.

- 31 October -2 November 2019: Ego State Therapy Seminar 1. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 3-5 November 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Workshop presented at the Milton Erickson Institute of Graz, in Graz, Austria
- 6-7 November 2019: Body Trance Seminar 3. Workshop presented at the IEF Institute in Zürich, Switzerland
- 9-10 November 2019: 22-23 September 2019: Ego State Therapy Seminar 3. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 11-12 November 2019: Ego State Therapy Seminar 5. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 14 November 2019: Body trance: Berührung als Ressource bei Schmerzen und Traumafolgestörungen Keynote presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie, Congress in Bad Lippspringe, Germany
- 14-16 November 2019: Innere Systeme stärken - Flow ermöglichen: Die psychotherapeutische Arbeit und Interventionen mit Symptom-assoziierten Ego-States: Ein Live-Demonstrations-Workshop. Workshop presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie, Congress in Bad Lippspringe, Germany
- 17-18 November 2019: Ego State Therapy Seminar 5. Workshop presented at Institut für Traumatherapie und Egostate München in München, Germany
- 19-20 November 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Workshop presented at Institut für Traumatherapie und Egostate München in München, Germany
- 21-22 November 2019: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 26-27 November 2019: Ego State Therapy Seminar 2. Workshop presented at the Trenkle Organisation in Rottweil, Germany
- 6-10 January 2020: Fundamental Training in Ericksonian Hypnosis and Psychotherapy (Workshop 1). Workshop presented at the Jockey Club New Life Institute of Psychiatric Rehabilitation, Hong Kong, China

- 12-14 January 2020: Introduction to Ego State Therapy (Seminar 1). Workshop presented at the Jockey Club New Life Institute of Psychiatric Rehabilitation, Hong Kong, China
- 20-21 January 2020: Ego State Therapy Seminar 1. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 22-23 January 2020: Ego State Therapy Seminar 2. Workshop presented at the Hamburger Institut für Traumatherapie – HIT in Hamburg, Germany
- 24-25 January 2020: Ego State Therapy Seminar 6. Workshop presented at Intakkt Psychological Solutions, in Krefeld, Germany
- 26-27 January 2020: Ego State Therapy Seminar 4. Workshop presented at the Milton Erickson Institute of Austria, in Vienna, Austria
- 29-30 January 2020: Ego State Therapy Seminar 6. Workshop presented at Institut für Traumatherapie und Egostate München in München, Germany
- 31 January – 1 February 2020: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Workshop presented at Institut für Traumatherapie und Egostate München in München, Germany
- 2-4 February 2020: Ego State Therapy Seminar 1. Workshop presented at Institut für Traumatherapie und Egostate München in München, Germany
- 19-23 February 2020: Ego State Therapy Module 3. Workshop presented at Ego State Therapy Japan in Kobe, Japan
- 9-10 March 2020: Ego State Therapy Seminar 1. Workshop presented at the Kita Traumatherapie Institut in Köln, Germany
- 12-13 March 2020: Ego State Therapy Seminar 1. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 14-15 March 2020: Ego State Therapy Seminar 2. Workshop presented at the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 1 April 2020: Online Group supervision in Ego State Therapy. Presented for the Trenkle Organisation in Rottweil, Germany



- 7 April 2020: Healing form Trauma: Becoming Whole and Healthy again. Online Public Lecture presented at the Beijing Zhi-Zhong-He Medical Institute at Peking University, Beijing, China
- 8 April 2020 Online Group supervision in Ego State Therapy. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 23 May 2020: Online Group supervision in Ego State Therapy. Presented for the Milton Erickson Gesellschaft für klinische Hypnose, Mümchen, Germany
- 30 May 2020: Online workshop : Einführung in die Ego-State-Therapie: Ein Workshop mit Live-Demonstrationen. Presented for the Milton Erickson Gesellschaft für klinische Hypnose, München, Germany
- 14 June 2020: Online workshop: Körperarbeit und klinische Hypnose kreativ kombinieren: Die Anwendung der „Pendel-Technik“ bei Traumafolgestörungen. Ein Demonstrations-Workshop. Presented for the Milton Erickson Gesellschaft für klinische Hypnose, München, Germany
- 15-16 June 2020: Online workshop: Ego State Therapy Seminar 2. Presented for the Kita Traumatherapie Institut in Köln, Germany
- 19-20 June 2020: Online workshop: Ego State Therapy Seminar 5. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 29-30 June 2020: Online workshop: Ego State Therapy Seminar 3. Presented for the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, in Wiesbaden, Germany
- 2-4 July 2020: Online workshop: Ego State Therapy Seminar 1. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 11 July 2020: Online workshop: The Body keeps the Score: Treating our traumatized clients with hypnosis and bodywork. Presented for the 2nd Chinese Congress of Clinical Hypnosis, Beijing, China
- 14 July 2020: Online workshop: Happy Parts, Happy Self: An Introduction to Ego State Therapy. Presented for the 2nd Chinese Congress of Clinical Hypnosis, Beijing, China
- 24-28 July 2020: Online workshop: Ego State Therapy Seminar 4. Presented for Ego State Therapy Japan.

- 2 August 2020: Online workshop: Ego State Therapy Demonstration and Practice. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 5 August 2020: Online workshop: Kurz-Einführungseminar in die Ego-State-Therapie. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 29 August 2020: Online workshop: Ego-State-Therapie Vertiefungstag Gruppensupervision 2020. Presented for the Hamburger Institut für Traumatherapie – HIT, Hamburg, Germany
- 30 - 31 August 2020: Online workshop: Ego-State-Therapie Seminar 4. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 13 September 2020: Online workshop: Ego States meets Yoga and Breath. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 20 - 21 September 2020: Online workshop: Ego-State-Therapie Seminar 3. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 25-27 September 2020: Online workshop: Ego State Therapy Seminar 2. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 2 - 4 October 2020: Online workshop: Ego-State-Therapie Seminar 1. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 14 -17 October 2020: Online workshop: Ego State Therapy Seminar 1. Presented for l'institut Emergences, Rennes, France
- 19 - 21 October 2020: Online workshop: Ego State Therapy Seminar 2. Presented for l'institut Emergences, Rennes, France
- 22-24 October 2020: Online workshop: Ego State Therapy Seminar 1. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 25 October 2020: Online workshop: Bodytrance: Körperarbeit und klinische Hypnose kreativ kombiniert. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 31 October 2020: Online workshop: Ego States Praxis und Vertiefungsseminar. Presented for the Kita Traumatherapie Institut , Köln, Germany

- 2-3 November 2020: Online workshop: Ego-State-Therapie Seminar 4. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 4-5 November 2020: Online workshop: Ego-State-Therapie Seminar 5. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 7 November 2020: Online workshop: Körperarbeit und Klinische Hypnose kreativ kombinieren: Die aanwendung der Pendel-Technik bei Traumafolgestörungen. Ein Demonstrations-Workshop. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 13-14 November 2020: Online workshop: Ego-State-Therapie Seminar 3. Presented for the Trenkle Organisation in Rottweil, Germany
- 15-19 November 2020: Online workshop: Ego State Therapy Seminar 4. Presented for the Chinese Society of Hypnosis, Beijing, China
- 20 November 2020: Online workshop: Holen Sie das Beste aus Ihren traumatisierten Patienten heraus: eine Kombination aus Ego State und hypno-somatischer Annäherung. Presented during the Deutsche Gesellschaft für Hypnose und Hypnotherapie Kongress 19-22 November 2020, Bad Lippspringe, Germany
- 21 November 2020: Online workshop: Crash-Kurs in der polyvagalen Theorie. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 22-23 November 2020: Online workshop: Ganz werden- Flow bewirken: Hypnose, Berührung, Embodiment und Selbst-Regulation bei Trauma. Presented for Akademie Traumatherapie, Berlin, Germany
- 24-25 November 2020: Online workshop: Ego-State-Therapie Seminar 6. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 26 November 2020: Online workshop: Ego-State-Therapie Gruppensupervision. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 28-30 November 2020: Online workshop: Ego State Therapy Seminar 2. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 2-3 December 2020: Online workshop: Ego-State-Therapie Seminar 2. Presented for Intakkt Psychological Solutions, Krefeld, Germany

- 5 December 2020: Online workshop: Kurz-Einführungseminar in die Ego-State-Therapie – Körperarbeit. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 13 December 2020: Online workshop: Intensive training in Ego State Therapy and Group supervision. Presented for Ego State Therapy Japan, Kolbe, Japan
- 9 January 2021: Online workshop : Du wirst immer in meinem Herzen sein: Trauer als Ressource. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 22-26 January 2021: Online workshop: Ego State Therapy Seminar 1. Presented for Ego State Therapy Japan, Kolbe, Japan
- 27 January 2021: Online workshop: Ego State Therapy Group supervision. Presented for Ego State Therapy Japan, Kolbe, Japan
- 30 January 2021: Online workshop: Vielfalt der Ressourcenaktivierung für schwierige Zeiten. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 4-5 February 2021: Online workshop: Ego State Therapy Seminar 5. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 6-7 February 2021: Online workshop: Ego State Therapy Seminar 6. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 8-9 February 2021: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 17-18 February 2021: Online workshop: Ego-State-Therapie Seminar 4. Presented for the Trenkle Organisation in Rottweil, Germany
- 19-20 February 2021: Online workshop: Ego-State-Therapie Seminar 6. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 24-26 February 2021: Online workshop: Ego-State-Therapie Seminar 1. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 27-28 February 2021: Online workshop: Ego-State-Therapie Seminar 2. Presented for the Institut für Traumatherapie und Egostate, München, Germany

- 5-6 March 2021: Online Workshop: Ego State Therapy Seminar 3. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 8-9 March 2021: Online workshop: Ego State Therapy Seminar 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 10-11 March 2021: Online workshop: Ego State Therapy Seminar 2. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 12-15 March 2021: Online workshop: Ego State Therapy Seminar 1. Presented for the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 22-23 March 2021: Online workshop: Ego State Therapy Seminar 1. Presented for the Hamburger Institut für Traumatherapie – HIT, Hamburg, Germany
- 24-25 March 2021: Online workshop: Ego State Therapy Seminar 2. Presented for the Hamburger Institut für Traumatherapie – HIT, Hamburg, Germany
- 26-27 March 2021: Online workshop: Du wirst immer in meinem Herzen sein: Trauer als Ressource. Presented for the Ego State Therapy Institute, Zürich, Switzerland
- 29-31 March 2021: Online workshop: Ego State Therapy Seminar 3. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 31 March 2021: Introduction to the Polyvagal Theory in the treatment of trauma, part 1. Presented for ConsultUS, Stellenbosch, South Africa
- 9 April 2021: Online Workshop Ego State Therapy Group supervision. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 10-11 April 2021: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Presented for the Kita Traumatherapie Institut , Köln, Germany
- 12 April 2021: Online workshop: Ego State Therapy Group supervision. Presented for the Trenkle Organisation in Rottweil, Germany

- 13-14 April 2021: Online workshop: Ego State Therapy Seminar 5. Presented for the Trenkle Organisation in Rottweil, Germany
- 16-17 April 2021: Online workshop: Du wirst immer in meinem Herzen sein: Trauer als Ressource. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 18-19 April 2021: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 20-21 April 2021: Online workshop: Ego State Therapy Seminar 1. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 22-23 April 2021: Online Workshop: Ego State Therapy Seminar 2. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 25 April 2021: Online workshop: Advancing flow, embodiment and self-regulation in your traumatized clients: A hypno-somatic approach with live demonstrations. Presented at the 8<sup>th</sup> International Hypnosis Congress of the Ericksonian Institute, Mexico
- 27 April 2021: Online workshop: Crashkurs in der Körper Psychotherapie. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 29 April - 2 May 2021: Online workshop: Fundamental Training in Ericksonian Hypnosis and Psychotherapy. Presented for the Milton H. Erickson Institutes of South Africa, Pretoria, South Africa
- 3 May 2021: Online workshop: Ego State Therapy Group supervision. Presented for the Trenkle Organisation in Rottweil, Germany
- 4-5 May 2021: Online workshop: Ego State Therapy Seminar 6. Presented for the Trenkle Organisation in Rottweil, Germany
- 7 May 2021: Online workshop: Body-Trance: Somatische Psychotherapie und klinische Hypnose für optimale Selbstregulation bei Stress- und Traumafolgestörungen. Presented for the DGH Projekttag, Bad Lippspringe, Germany
- 8 May 2021: Online workshop: Die Anwendung der „Pendeltechnik“ bei Stress- und Traumafolgestörungen: Ein Demonstrationsworkshop. Presented for the DGH Projekttag, Bad Lippspringe, Germany

- 10-11 May 2021: Online workshop: Ego State Therapy Seminar 3. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 12-13 May 2021: Online workshop: Ego State Therapy Seminar 4. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 14-15 May 2021: Online workshop: Ego State Therapy Seminar 3. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 16-17 May 2021: Online workshop: Ego State Therapy Seminar 4. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 19-20 May 2021: Online workshop: Ego State Therapy Seminar 3. Presented for the Hamburger Institut für Traumatherapie – HIT, Hamburg, Germany
- 21-22 May 2021: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 26-27 May 2021: Online Workshop: Ego State Therapy Seminar 4. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 26 May 2021: Online workshop: Introduction to the Polyvagal Theory in the treatment of trauma Part 2: Demonstration and Discussion. Presented for ConsultUS, Stellenbosch, South Africa
- 28 May 2021: Online workshop: Ego State Therapy Group Supervision. Presented for the Milton H. Erickson Institutes of South Africa, Pretoria, South Africa
- 30 May 2021: Online workshop: Ego State Therapy Masterclass. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 1-3 June 2021: Online Workshop: Ego State Therapy Seminar 1. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 4-5 June 2021: Online Workshop: Ego State Therapy Seminar 2. Presented for the Kita Traumatherapie Institut, Köln, Germany

- 9-10 June 2021: Online Workshop: Ego State Therapy Seminar 3. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 11-12 June 2021: Online Workshop: Ego State Therapy Seminar 4. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 22-23 June 2021: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 29-30 June 2021: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 1 July 2021: Online workshop: Master Demonstration Class in Ego State Therapy. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 2-3 July 2021: Online workshop: Du wirst immer in meinem Herzen sein: Trauer als Ressource. Presented for the Westfälisches Institut für Hypnose und Hypnotherapie, in Coesfeld, Germany
- 20-24 July 2021: Online workshop: Ego State Therapy Workshop 2. Presented for Ego State Therapy Japan, Osaka, Japan
- 25 July 2021: Online workshop: Ego State Therapy Supervision workshop. Presented for Ego State Therapy Japan, Osaka, Japan
- 4-6 August 2021: Online workshop: Ego State Therapy Seminar 4. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 9-11 August 2021: Online workshop: Ego State Therapy Seminar 1. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 20-21 August 2021: Online workshop: Resource Activation in Difficult Times: Combining Clinical Hypnosis, Yoga, Breathwork and Somatic Experiencing Techniques. Presented for the Milton H. Erickson Institutes of South Africa
- 26 August 2021: Online workshop: Ego-State-Gruppensupervision. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 29 August 2021: Online workshop: Ego-State-Therapy Übungs – und Vertiefungstag. Presented for the Kita Traumatherapie Institut, Köln, Germany



- 8-9 September 2021: Online Workshop: Ego State Therapy Seminar 4. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 13-14 September 2021: Online workshop: Ego State Therapy Seminar 3 Presented for the Kita Traumatherapie Institut, Köln, Germany
- 15-16 September 2021: Online workshop: Ego State Therapy Seminar 4 Presented for the Kita Traumatherapie Institut, Köln, Germany
- 18-19 September 202: Online workshop: Im Labyrinth des top-down und bottom-up Ansatzes in der therapeutischen Arbeit mit traumatisierten Ego States. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 25 September 2021: Online workshop: Ego State Therapy Master Demonstration Class. Presented for the Institut für Traumatherapie und Ego State, München, Germany
- 26 September 2021: Online workshop: Ego-State-Therapie Vertiefungs und Übungstag: Erstarrung und Unterwerfung. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 16 October 2021: Online Workshop: Ego State Therapy Master Demonstration Class. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 18-20 October 2021: Online Workshop: Ego State Therapy Seminar 5. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 21 October 2021: Online Workshop: Ego State Therapy Group supervision: Presented for the Kita Traumatherapie Institut, Köln, Germany
- 22-23 October 2021: Online Workshop: Vielfalt der Ressourcenaktivierung für Schwierigen Zeiten. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 25-27 October 2021: Online Workshop: Ego State Therapy Seminar 2. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 28-29 October 2021: Online workshop: Ego State Therapy Seminar 5. Presented for Intakkt Psychological Solutions, Krefeld, Germany

- 30-31 October 2021: Online workshop: Ego State Therapy Seminar 6. Presented for Intakkt Psychological Solutions, Krefeld, Germany
- 3-4 November 2021: Online workshops presented at the Teile Therapie Tagung, Würzburg, Germany
- 8-9 November 2021: Online Workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 11-12 November 2021: Online workshop: Ego State Therapy Seminar 5. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 13-14 November 2021: Online workshop: Ego State Therapy Seminar 6. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 15-16 November 2021: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 18 November 2021: Online Workshop: Crashkurs in der polyvagalen Theorie. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 19 November 2021: Online workshop presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie Kongress, Bad Lippspringe, Germany
- 22-23 November 2021: Online Workshop: Ego State Therapy Seminar 1. Presented for the Trenkle Organisation, Rottweil, Germany
- 24-25 November 2021: Online Workshop: Ego State Therapy Seminar 2. Presented for the Trenkle Organisation, Rottweil, Germany
- 28-29 November 2021: Online workshop: Ego State Therapy Seminar 5. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 30 November – 1 December 2021: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Presented for the Institut für Traumatherapie und Egostate, München, Germany

- 4-5 December 2021: Online workshop: Du wirst immer in meinem Herzen sein: Trauer als Ressource. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 6 December 2021: Online workshop: Refresher-kurs in der Ego-State-Therapie. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 8-10 December 2021: Ego State Therapy Seminar 6. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 11 December 2021: Online workshop: Neue Einblicke in die Ego-State Therapie. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 12-14 December 2021: Ego State Therapy Seminar 3. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 15 December 2021: Online workshop: Ego-State-Therapie & Affectbrücke und somatische Brücke. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 11-12 January 2022: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 2. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 13-15 January 2022: Online workshop: Ego State Therapy Seminar 2. Presented for Emergences, Rennes, France
- 16-18 January 2022: Online workshop: Ego State Therapy Seminar 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 19-20 January 2022: Online workshop: Ego State Therapy Seminar 5. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 21-22 January 2022: Online workshop: Ego State Therapy Seminar 2. Presented for the Westfälisches Institut für Hypnose und Hypnotherapie, Coesfeld, Germany
- 23 January 2022: Online workshop: Sicherheit schaffen in der Psychotherapie: Erdung, Stabilisierung und Ressourcenaktivierung. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany

- 24-25 January 2022: Online workshop: Ego State Therapy Seminar 5. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 26-27 January 2022: Online workshop: Ego State Therapy Seminar 6. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 28-30 January 2022: Online workshop: Ego State Therapy Seminar 1. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 12-14 February 2022: Online workshop: Ego State Therapy Seminar 1. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 22 February 2022: Online workshop: Ego State Therapy Group Consultation. Presented for Ego State Therapy Japan.
- 23-27 February 2022: Online workshop: Ego State Therapy Seminar 3. Presented for Ego State Therapy Japan.
- 4-5 March 2022: Online workshop: Ego State Therapy Seminar 2. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 10-11 March 2022: Online workshop: Ego State Therapy Seminar 3. Presented for the Westfälisches Institut für Hypnose und Hypnotherapie, Coesfeld, Germany
- 12-13 March 2022: Online workshop: Ego State Therapy Seminar 6. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 14-15 March 2022: Online Workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 17-18 March 2022: Online workshop: Ego State Therapy Seminar 2. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 19-20 March 2022: Online workshop: Ego State Therapy Seminar 3. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 21 March 2022: Online workshop: Polyvagale Theorie nach Porges leicht gemacht. Presented for the the Wiesbadener Institut für Traumatherapie:

Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany

- 24-26 March 2022: Online workshop: Innere Systeme stärken - Flow ermöglichen: Hypnose, Berührung und Embodiment bei Trauma. Presented for the MEG Kongress, Kassel, Germany
- 26 March 2022: Online workshop: Somatische Psychotherapie und klinische Hypnose kreativ kombinieren: die Anwendung der "Pendel-Technik" bei Traumafolgestörungen. Ein Demonstrations-Workshop. Presented for the MEG Kongress, Kassel, Germany
- 29-31 March 2022: Online workshop: Ego State Therapy Seminar 1. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 1-4 April 2022: Online workshop: Ego State Therapy Seminar 2. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 4-5 April 2022: Online Workshop: Ego State Therapy Seminar 3. Presented for the Trenkle Organisation, Rottweil, Germany
- 6-7 April 2022: Online Workshop: Ego State Therapy Seminar 4. Ego State Therapy Seminar 6. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 8-9 April 2022: Online workshop: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 11 April 2022: Online workshop: Reise durch die Zeit. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 22 April 2022: Online workshop: Ego State Therapy Group Supervision. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 22-23 April 2022: Online workshop: Ego State Therapy Seminar 3. Presented for the Milton Erickson Institute of Austria, Vienna, Austria
- 24-25 April 2022: Online workshop: Ego State Therapy Seminar 6. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 26-27 April 2022: Online workshop: Ego-State-Therapie Spezialseminar: Der Körper kennt den Weg nach Trauma. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany

- 14-15 May 2022: Online workshop: Trauma-Therapeutisches-Yoga Seminar 1. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 16-17 May 2022: Online workshop: Ego State Therapy Seminar 6. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 19-21 May 2022: Online workshop: Ego State Therapy Seminar 3. Presented for Emergences, Rennes, France
- 23-24 May 2022: Online workshop: Ego State Therapy Seminar 5. Presented for the Trenkle Organisation, Rottweil, Germany
- 26 May 2022: Online Key Note address: Healing the divided Self with Ego State Therapy: A bottom-Up approach to facilitate Consciousness, Flow and Embodiment in trauma patients. Presented for the Emergences Congress, St Malo, France
- 27 May 2022: Online Roundtable discussion: Consciousness: Yesterday, Today and Tomorrow. Presented for the Emergences Congress, St Malo, France
- 27 May 2022: Online workshop: Advancing Flow, Embodiment and Consciousness in your traumatized clients: A combined Ego State and hypno- somatic approach with live demonstrations. Presented for the Emergences Congress, St Malo, France
- 10 June 2022: Online workshop: Resource Activation in Difficult Times: Combining Clinical Hypnosis, Yoga, Breath Work and Somatic Experiencing Techniques: A Workshop with Live Demonstrations! Presented for the International Society of Hypnosis Virtual Event: "Making Connections in Critical Times"
- 13-14 June 2022: Online Workshop: Ego State Therapy Seminar 4. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 20-21 June 2022: Ego-State-Therapie Spezialseminar. Wenn die Welt weint: Trauer- und Verlustverarbeitung in kollektiven Krisen. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 22 June 2022: The Art and Science of combining Polyvagal Theory and Ego State Therapy: A Powerful Match! Workshop presented at the Polyvagal Online Congress, Rottweil, Germany
- 23-25 June 2022: Ego State Therapy Seminar 1. Workshop presented for the Institut für Traumatherapie und Egostate, München, Germany

- 26-27 June 2022: Ego State Therapy Seminar 2. Workshop presented for the Institut für Traumatherapie und Egostate, München, Germany
- 29 June – 6 July 2022: Ego-State-Therapie Intensivwoche, Süditrol. Workshop presented for the Institut für Traumatherapie und Egostate, München, Germany
- 9-13 July 2022: Ego State Therapy Module 3. Online workshop presented for Chinese Society of Hypnosis, Beijing, China
- 18 July 2022: Ego State Therapy Group Consultation and Introductory Ego State Therapy workshop with live demonstrations. Presented for Ego State Therapy Japan, Kobe, Japan
- 20-24 July 2022: Ego State Therapy Seminar 4. Presented for Ego State Therapy Japan, Awaji Island, Japan
- 29-31 July 2022: Eye Movement Reintegration. Presented for Ego State Therapy Japan, Kobe, Japan
- 4-6 August 2022: Online workshop: Ego State Therapy Seminar 3. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 7-9 August 2022: Online workshop: Ego State Therapy Seminar 4. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 20-21 August 2022: Online workshop: Ego State Therapy Seminar 2. Presented for Ego State Therapy Turkey
- 30 August 2022: Online workshop: Ego State Therapy group supervision. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 31 August 2022: Online workshop: Die Anwendung der Titrierungstechnik bei Trauma. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 11-12 September 2022: Ego State Therapy Seminar 5. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 13-14 September 2022: Ego State Therapy Seminar 6. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 16 September 2022: Ganz werden-Flow bewirken: klinische Hypnose, Berührung, Embodiment und Selbst-Regulation bei Trauma: Ein

Demonstrations–Workshop. Presented for the Erickson Akademie, Tübingen, Germany

- 17 September 2022: Somatische Psychotherapie und klinische Hypnose kreativ kombinieren: die Anwendung der „Pendel-Technik“ bei Traumafolgestörungen: Ein Demonstrations–Workshop. Presented for the Erickson Akademie, Tübingen, Germany
- 19-21 September 2022: Ego State Therapy Seminar 4. Presented for Emergences, Rennes, France
- 23 September 2022: Ego State Therapy group supervision. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 23-24 September 2022: Ego State Therapy Seminar 4. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 25-26 September 2022: Ego State Therapy Seminar 5. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 28-30 September 2022: Online workshop: Ego-State-Therapie Einführung. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 13 October 2022: Master Demonstration Class: Combining Ericksonian methods, Ego State Therapy and Somatic Experiencing and Clinical Hypnosis in Psychotherapy. Presented at the Ego State Therapy training week, Mabula Lodge, South Africa
- 15 October 2022: Plenary Sessions: Panel Discussions: Ego State Therapy with or without hypnosis? What is an Ego State? Presented at the Ego State Therapy training week, Mabula Lodge, South Africa
- 17 October 2022: Die nichthypnotische „Stuhltechnik“ in der Ego-State-Therapie. Presented at the Ego State Therapy training week, Mabula Lodge, South Africa
- 21-23 October 2022: Ego State Therapy Seminar 3. Presented for Ego State Therapy Türkiye, Istanbul, Türkiye
- 27-30 October 2022: Die Relevanz der Polyvagal-Theorie in der Körperpsychotherapie: die Anwendung der „Pendel- und Titrierungstechniken bei Traumafolgestörungen. Ein Demonstrations-Workshop; Ressourcenaktivierung in schwierigen Zeiten: Eine Kombination aus Polyvagal-Theorie, Yoga, Atemarbeit und Somatic Experiencing Techniken: Eine Live-Demonstration. Workshops presented at the Reden Reicht Nicht Congress, Würzburg, Germany



- 6 November 2022: Trauma-Therapeutische-Yoga. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 7-9 November 2022: Ego-State-Therapie und heilsame Körperarbeit, Seminar 3. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 11-12 November 2022: Ego State Therapy Seminar 6. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 13-14 November 2022: Ego State Therapy Seminar 6. Presented for the Trenkle Organisation, Rottweil, Germany
- 15-16 November 2022: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 17-19 November 2022: Somatische Psychotherapie und klinische Hypnose kreativ kombinieren: die Anwendung der „Pendel-Technik“ bei Traumafolgestörungen. Ein Demonstrations-Workshop. Presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie Kongress, Bad Lippspringe, Germany
- 20-22 November 2022: Ego State Therapy Seminar 1. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 23-24 November 2022: Ego State Therapy Seminar 2. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 25-26 November 2022: Ego-State-Therapie und heilsame Körperarbeit, Seminar 1. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 28-30 November 2022: Online workshop: Ego State Therapy Seminar 6. Presented for the Australian Institute of Clinical Hypnosis and Psychotherapy, Sydney, Australia
- 1-2 December 2022: Online workshop: Du wirst immer in meinem Herzen sein: Trauer als Ressource. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 14-15 January 2023: Ego-State-Therapie Seminar 3. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 17-19 January 2023: Body Trance: Advancing Flow, Embodiment and self-regulation in your traumatized clients: A Combined Clinical Hypnosis and Somatic Experiencing Approach with Live Demonstrations.

Presented for the Psychological Society for Clinical hypnosis (PSKH) and Danish Society for Clinical Hypnosis, Copenhagen, Denmark

- 21-22 January 2023: Ego-State-Therapie: ein psychosomatischer Ansatz Teil 2. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 31 January – 2 February 2023: Ego State Therapy Seminar 5. Presented for Emergences, Rennes, France
- 11-15 February 2023: Online workshop: Ego State Therapy workshop 2. Presented for the Chinese Society of Hypnosis
- 16-18 February 2023: Online Workshop: Body Trance 1: A combined Ego State Therapy and hypno-somatic approach. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy
- 23 February 2023: EMR and EST Group supervision. Presented for Ego State Therapy Japan, Kobe, Japan
- 24-26 February 2023: Body Trance 1: A combined Ego State Therapy and hypno-somatic approach with live demonstrations. Presented for Ego State Therapy Japan, Kobe, Japan
- 2-4 March 2023: Eye Movement Reintegration Workshop 1. Presented for Ego State Therapy Japan, Kobe, Japan
- 10-11 March 2023: Kurz-Einführung Ego-State-Therapie. Presented for Auditorium Netzwerk, Müllheim-Baden, Germany
- 13-14 March 2023: Ego-State-Therapie Seminar 3 (Hybrid). Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 15-16 March 2023: Ego-State-Therapie: ein psychosomatischer Ansatz Teil 2. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 17-18 March 2023: Symptomassoziierte Ego-States und Kampf-Flucht-Reaktionen: Ein kombinierter Ansatz aus Klinischer Hypnose, Somatic Experiencing und Ego State Therapie. Presented for Ego State Therapy Institute, Zürich, Switzerland
- 20-22 March 2023: Ego-State-Therapie Seminar 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 23-26 March 2023: Symptomassoziierte Ego-States und Kampf-Flucht-Reaktionen: Ein kombinierter Ansatz aus Klinischer Hypnose, Somatic Experiencing und Ego State Therapie. Presented at the MEG Jahrestagung, Kassel, Germany

- 29-30 March 2023: Online workshop: Ego-State-Therapie: ein psychosomatischer Ansatz Teil 2. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 31 March – 1 April 2023: Online workshop: Der Körper kennt den Weg. Teil 2. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 12-18 April 2023: Ego-State-Therapie Intesiv. Mabula Lodge, Bela-Bela, South Africa
- 24-25 April 2023: Online workshop: Umgang mit Scham in der Ego State Therapie. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 3-4 May 2023: Umgang mit Scham in der Ego State Therapie. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 5-6 May 2023: Ego-State-Therapie Seminar 1. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 9-10 May 2023: Hybrid Seminar: Die Relevanz der polyvagalen Theorie nach Stephen Porges für die Psychotherapie. Presented for Auditorium Netzwerk, Müllheim-Baden, Germany
- 14-16 May 2023: Ego-State-Therapie Seminar 1. Presented for the Trenkle Organisation, Rottweil, Germany
- 17-18 May 2023: Ego-State-Therapie Seminar 2. Presented for the Trenkle Organisation, Rottweil, Germany
- 20-24 May 2023: Ego State Therapy Seminar 4. Presented for Ego State Therapy Türkiye, Istanbul, Türkiye
- 24 May 2023: Online workshop: Reise durch die Zeit: Die Anwendung der Titrierungstechnik in der Traumatherapie. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 26-28 May 2023: Online workshop: Body Trance, An introduction to a combined Ego State Therapy and hypno-somatic approach. Seminar 1. Presented for Ego State Therapy Japan, Kobe, Japan
- 29-30 May 2023: Online workshop: Ego State Therapy Seminar 1. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy
- 31 May – 2 June 2023: Ego-State-Therapie Seminar 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany

- 3-4 June 2023: Ego-State-Therapie Seminar 2. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 8-9 June 2023: Spezialseminar: Die nichthypnotische „Stuhltechnik“ in der Ego-State-Therapie. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 10-12 June 2023: Ego-State-Therapie Seminar 1. Presented for Soester Institut für Egostate Therapie und Resilienzentfaltung, Soest, Germany
- 13 June 2023: Online Supervision: Ego-State-Therapie und Klinische Hypnose. Presented for Soester Institut für Egostate Therapie und Resilienzentfaltung, Soest, Germany
- 16-18 June 2023: Ego State Therapy Seminar 1. Presented for the Westfälisches Institut für Hypnose und Hypnotherapie, Coesfeld, Germany
- 20-22 June 2023: Ego-State-Therapie Seminar 1. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 23-24 June 2023: Ego-State-Therapie Seminar 2. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 25-26 June 2023: Ego-State-Therapie Seminar 4 (Hybrid). Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 1-2 July 2023: Ego-State-Therapie Seminar 3. Presented for the Trenkle Organisation, Rottweil, Germany
- 15-19 July 2023: Online workshop: Ego State Therapy Workshop 2. Presented for Chinese Society of Hypnosis.
- 27 July 2023: Ego State Therapy Group Supervision. Presented for Ego State Therapy Japan, Kobe, Japan.
- 28-30 July 2023: Body Trance 2: A combined Ego State and hypnosomatic approach with live demonstrations. Presented for Ego State Therapy Japan, Kobe, Japan.
- 3 August 2023: Ego State Therapy and Eye Movement Reintegration Group supervision. Presented for Ego State Therapy Japan, Kobe, Japan.
- 4-6 August 2023: Eye Movement Reintegration workshop 2. Presented for Ego State Therapy Japan, Kobe, Japan.
- 14-15 August 2023: Online workshop: Ego State Therapy Workshop 4. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy.

- 16-17 August 2023: Online workshop: Ego State Therapy Workshop 1. Presented for Iranian Institute of Psychology and Mental Training.
- 20 August 2023: Online workshop: Group supervision in Ego State Therapy. Presented for Ego State Therapy Türkiye.
- 22 August 2023: Online workshop: Resource Activation in Difficult Times: Combining Clinical Hypnosis, Yoga, Breathwork and Somatic Experiencing Techniques: A powerful Match! Presented for the Milton H. Erickson Institutes of South Africa.
- 24-25 August 2023: Online workshop: Grief as a Resource in Psychotherapy. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy Sydney, Australia.
- 29-31 August 2023: Ego-State-Therapie Seminar 1. Presented for Aachen University Clinic, Aachen, Germany.
- 1-2 September 2023: Ego-State-Therapie Seminar 2. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 3-4 September 2023: Ego-State-Therapie Seminar 3. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 5-7 September Ego State Therapy Seminar 1. Presented for Ego State Therapy Türkiye, Istanbul, Türkiye.
- 8-10 September Ego State Therapy Seminar 5. Presented for Ego State Therapy Türkiye, Istanbul, Türkiye.
- 12-13 September 2023: Ego-State-Therapie Seminar 5. Presented for the Trenkle Organisation, Rottweil, Germany
- 15-16 September 2023: Symptom-assoziierte Ego-States und Kampf-und Flucht-Reaktionen: Ein kombinierter Ansatz aus Klinischer Hypnose, Somatic Experiencing und Ego-State-Therapie. Presented for Ego State Therapy Institute, Zurich, Switzerland
- 18-19 September 2023: Neurophysiologische Grundlagen von Scham- und Schuldgefühlen und die Anwendung der Pendeltechnik als Interventionsstrategie: Ein Workshop mit Live-Demonstrationen. Presented for Auditorium Netzwerk, Müllheim-Baden, Germany
- 22 September 2023: Ressourcenaktivierung in schwierigen Zeiten: Eine Kombination aus Polyvagal-Theorie, Hypnose, Yoga, Atemarbeit und Somatic Experiencing-Techniken: Eine Live-Demonstration. Presented for Milton Erickson Institute, Graz, Austria
- 23 September 2023: Die Kunst und Wissenschaft der Kombination von Polyvagal-Theorie und Ego-State-Therapie: Ein starkes Bündn. Presented for Milton Erickson Institute, Graz, Austria

- 12 October 2023: Online workshop: Grief as a Resource in Psychotherapie. Presented for Ego State Therapy North America (ESTNA)
- 14 October 2023: Online workshop: Reise durch die Zeit: Die Anwendung der Titrierungstechnik in der Traumatherapie. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 16-17 October 2023: Online workshop: Ego State Therapy Workshop 5. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy.
- 2 November 2023: Paper presented at the Mentales Stärken Congress, Würzburg, Germany
- 3-4 November 2023: Ego-State-Therapie Seminar 2. Presented for the Westfälisches Institut für Hypnose und Hypnotherapie, Coesfeld, Germany
- 6-7 November 2023: Ego-State-Therapie Seminar 5. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 16-17 November 2023: Polyvagal Theorie, somatische Psychotherapie, Berührung und klinische Hypnose kreativ bei Traumafolgestörungen kombinieren: ein Demonstrations workshop. Presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie in Bad Lippspringe, Germany.
- 19-21 November 2023: Ego-State-Therapie Seminar 2. Presented for Aachen University Clinic, Aachen, Germany.
- 22 November 2023: Ego State Therapy Seminar 4 (Day 2). Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 23-25 November 2023: Ego-State-Therapie und Heilsame Körperarbeit 4. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 30 November – 1 December 2023: Online workshop: Ego State Therapy Seminar 7. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy Sydney, Australia.
- 9 December 2023: Online workshop: Ego-State-Therapie Master Demo Class. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 14-15 December 2023: Online workshop: Movement through time: A creative way to facilitate an inner corrective experience for traumatized

clients and to re-establish nervous system self-regulation, embodiment, and flow.

- 16 December 2023: Online workshop: Übungen zur Vertiefung der Ego-State-Therapie: Die komplexe Arbeit mit verschiedenen Ego-States-Gruppen. Presented for HIT – Hamburger Institut für Traumatherapie, Hamburg, Germany
- 13-15 January 2024: Body Trance 3: A combined Ego State Therapy and hypno-somatic approach. Presented for the Chinese Society of Hypnosis, Beijing, China
- 17-21 January 2024: Ego State Therapy Seminar 4. Presented for the Chinese Society of Hypnosis, Beijing, China
- 24 January 2024: Online Master Class: Body Trance: Advancing flow, embodiment and self-regulation in your traumatized clients. Somatic Experiencing Approach with Live Demonstrations: A Combined Clinical Hypnosis and Presented for the International Society of Hypnosis
- 25-27 January 2024: Online workshop: Ego State Therapy Seminar 1. Presented for the Iranian Institute of Psychology and Mental Training
- 1 February 2024: Ego State Therapy Supervision. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 1-2 February 2024: Ego-State-Therapie Seminar 4. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 3-4 February 2024: Ego-State-Therapie Seminar 5. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 9-10 February 2024: Ego-State-Therapie; Körperarbeit und Klinische Hypnose ein wirksames Trio bei Traumafolgestörungen. Presented for the Ericksonian Akademie, Tübingen, Germany
- 16-17 February 2024: Neuro-physiologische Grundlagen von Trauma, Dissoziation und Ego-State-Therapie und ihre Zusammenhänge. Presented for Auditorium Netzwerk, Müllheim-Baden, Germany
- 20-22 February 2024: Ego-State-Therapie Seminar 1. Presented for the Institut für Traumatherapie und Ego-state, München, Germany
- 23-24 February 2024: Ego-State-Therapie Seminar 2. Presented for the Institut für Traumatherapie und Ego-state, München, Germany
- 5-6 March 2024: Online workshop: Ego-State Coaching and Counselling Seminar 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany

- 11-13 March 2024: Ego-State-Therapie Seminar 1. Presented for the Milton Erickson Institut. Graz, Austria
- 15-16 March 2024: Ego-State-Therapie Seminar 3. Presented for the Westfälisches Institut für Hypnose und Hypnotherapie, Coesfeld, Germany
- 22-23 March 2024: Ego-State-Therapie Seminar 5. Presented for the Trenkle Organisation, Rottweil, Germany
- 24-25 March 2024: Ego-State-Therapie Seminar 6. Presented for the Trenkle Organisation, Rottweil, Germany
- 26-27 March 2024: Die Dynamik der Ego-State-Therapie als Teiletherapiemodell in Kombination mit somatischen Ansätzen wie Somatic Experiencing- und SOMA-Techniken zur Stabilisierung traumatisierter KlientInnen. Workshop mit Live-Demonstrationen. Presented for Auditorium Netzwerk, Müllheim-Baden, Germany
- 8-10 April 2024: Ego-State-Therapie Seminar 1. Presented for Hamburg Institut für Traumatherapie, Hamburg, Germany
- 11-12 April 2024: Ego-State-Therapie Seminar 3. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 13-14 April 2024: Ego-State-Therapie Seminar 4. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 24-27 April 2024: Online Workshop: Ego State Therapy Seminar 2. Presented for Iranian Institute of Psychology and Mental Training
- 28 April 2024: Online Workshop: Trauma Therapeutische Yoga. Presented for Trauma Therapeutische Yoga Akademie, Köln, Germany
- 3-4 May 2024: Ego-State-Therapie Seminar 1. Presented for the Westfälisches Institut für Hypnose und Hypnotherapie, Coesfeld, Germany
- 5-6 May 2024: Ego-State-Therapie Seminar 5. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 7-8 May 2024: Ego-State-Therapie Seminar 6. Presented for the Institut für Traumatherapie und Egostate, München, Germany
- 9-11 May 2024: Somatische Psychotherapie, Ego-State-Therapie und klinische Hypnose kreativ kombinieren: die Anwendung der „Pendel- und Titrierungstechniken“ bei Traumafolgestörungen. Ein Demonstrations-Workshop. Presented at the Milton Erickson Gesellschaft Congress, Vienna, Austria
- 12-13 May 2024: Ego-State-Therapie Seminar 6. Presented for Milton Erickson Institute of Austria, Vienna, Austria



- 14-15 May 2024: Ego-State-Therapie Seminar 7. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 16-17 May 2024: Online Workshop: Ego-State-Therapie Seminar 8. Presented for the Trenkle Organisation, Rottweil, Germany
- 31 May – 2 June 2024: Somatische Psychotherapie, Ego-State-Therapie und klinische Hypnose kreativ kombinieren: die Anwendung der „Pendel- und Titrierungstechniken“ bei Traumafolgestörungen. Presented for Akademie Traumatherapie, Berlin, Germany
- 5-6 June 2024: Ressourcenaktivierung in schwierigen Zeiten: Eine Kombination aus Polyvagal-Theorie, Hypnose, Yoga, Atemarbeit und Somatic Experiencing-Techniken: Ein Workshop mit Live-Demonstration. Presented for Institut für Systemische Entwicklung und Fortbildung, Zürich, Switzerland
- 8-9 June 2024: Ego-State-Therapie Seminar 3. Presented for Milton Erickson Institute, Graz, Austria
- 17-18 June 2024: Online Workshop: Ego-State-Therapie Seminar 7. Presented for the Institut für Traumatherapie und EgoState, München, Germany
- 25-26 June 2024: Online Workshop: Du wirst immer in meinem Herzen sein: Trauer als Ressource in der Psychotherapie. Workshop mit Live-Demonstrationen. Presented for Auditorium Netzwerk, Müllheim-Baden, Germany
- 3-4 July 2024: Ego-State-Therapie Intensivwoche, Südtirol. Presented for the Institut für Traumatherapie und EgoState, München, Germany
- 20-24 July 2024: Ego State Therapy Seminar 1. Presented for the Chinese Society of Hypnosis, Beijing, China
- 25-26 July 2024: Body Trance Seminar 1. Presented for the Chinese Society of Hypnosis, Beijing, China
- 15-18 August 2024: Online Ego State Therapy Seminar 3. Presented for the Iranian Institute of Psychology and Mental Training
- 22-23 August 2024: Body Trance: Advancing flow, embodiment and self-regulation in your traumatized clients. Seminar 1. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy Sydney, Australia
- 25 August 2024: Online English Ego State Therapy Group supervision.

- 29-30 August 2024: Ego-State-Therapie: ein psychosomatischer Ansatz Teil 1 Presented for HIT – Hamburger Institut für Traumatherapie, Hamburg, Germany
- 31 August – 1 September 2024: Ego-State-Therapie Seminar 1. Presented for HIT – Hamburger Institut für Traumatherapie, Hamburg, Germany
- 3-5 September 2024: Ego-State-Therapie Seminar 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 6-8 September 2024: Ego-State-Therapie Seminar 1. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 9-10 September 2024: Ego-State-Coaching and Counselling Seminar 3. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 12-13 September 2024: Ego-State-Therapie Seminar 8. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 14-15 September 2024: Ego-State-Therapie: ein psychosomatischer Ansatz Teil 1. Presented for Milton Erickson Institute of Austria, Vienna, Austria
- 22-23 September 2024: Online: Ego-State-Therapie: ein psychosomatischer Ansatz Teil 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 26-27 September 2024: Online: Ego-State-Therapie in der Psychosomatik. Ein Workshop mit Live-Demonstration. Presented for the Kita Traumatherapie Institut, Köln, Germany
- 29 September 2024: Online German Ego State Therapy Group supervision.
- 10-17 October 2024. German Ego State Therapy Intensive Training week. Mabula Lodge, Bela Bela, Limpopo, South Africa
- 25-26 October 2024. Ego-State-Therapie: ein psychosomatischer Ansatz Teil 2. Presented for Institut für Systemische Entwicklung und Fortbildung, Zürich, Switzerland
- 30 October 2024: Online: Einführung in die Ego-State Therapie mit Kindern und Jugendlichen: Polyvagal Theorie, klinische Hypnose und Somatic Experiencing Techniken: ein wirksames Trio bei

Traumafolgestörungen. Presented for the Kindertagung, Rottweil, Germany

- 1-3 November 2024: Online: Body Trance: Advancing flow, embodiment and self-regulation in your traumatized clients. Seminar 2. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy Sydney, Australia
- 15 November 2024: Ich-Stärkung in der Ego-State-Therapie. Interventionen zur Stärkung und Stabilisierung in der Krise. Ein Demonstrationsworkshop. Presented at the Deutsche Gesellschaft für Hypnose und Hypnotherapie Kongress, Bad Lippspringe, Germany
- 17-18 November 2024: Ego-State-Therapie Seminar 2. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 19-20 November 2024: Ego-State-Therapie: ein psychosomatischer Ansatz Teil 2.. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 22-24 November 2024: Online 20 Jahre EST Deutschland: Online Parts-Party mit Woltemade Hartman und eingeladenen Gästen. Hosted by Kita Traumatherapie Institut, Köln, Germany
- 22 November 2024: Fünfunddreißig Jahre Erfahrung mit Ego-State-Therapie und klinischer Hypnose: Ist sie in der heutigen Psychotherapie noch relevant? Reflexionen aus der Vergangenheit und Einsichten für die Zukunft. Hosted by Kita Traumatherapie Institut, Köln, Germany
- 28-30 November 2024: Online: Ego State Therapy Seminar 1. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy Sydney, Australia
- 4-5 December 2024: Online: Grief as a Resource in Psychotherapy. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy Sydney, Australia
- 8 December 2024: Online German Ego State Therapy Group supervision (17:00-20:00)
- 12-15 December 2024: Online Ego State Therapy Seminar 4. Presented for the Iranian Institute of Psychology and Mental Training
- 6-10 January 2025: Ego State Therapy Seminar 2. Presented for the Chinese Society of Hypnosis, Beijing, China

- 11-12 January 2025: Body Trance Seminar 2. Presented for the Chinese Society of Hypnosis, Beijing, China
- 4 February 2025: Keynote Address: Thirty-Five Years of Experience with Clinical Hypnosis and Psychotherapy: Reflections from the past and insights for the future. Presented at the Milton Erickson Institutes of South Africa Psychotherapy Congress: Trauma, Treasures, Trance and Transformation. Mabula Lodge, South Africa
- 5 February 2025: Trance, Treasures, Trauma and Transformation: A combined hypno-somatic approach with live demonstrations. Presented at the Milton Erickson Institutes of South Africa Psychotherapy Congress: Trauma, Treasures, Trance and Transformation. Mabula Lodge, South Africa
- 6 February 2025: German Master Demonstration Class in Psychotherapie. Presented at the Milton Erickson Institutes of South Africa Psychotherapy Congress: Trauma, Treasures, Trance and Transformation. Mabula Lodge, South Africa
- 14 – 15 February 2025: Online: Ego-State-Therapie Interventionen für die Verarbeitung von Scham-und Schuldgefühlen. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 16-18 February 2025: Online: Ego-State-Coaching und Counselling Teil 1
- 3-4 March 2025: Ego-State-Therapie: ein psychosomatischer Ansatz Teil 1. Presented for the Milton Erickson Institut Graz, Austria
- 5-6 March 2025: Ego-State-Therapie Seminar 6. Presented for the Milton Erickson Institut Graz, Austria
- 7-8 March 2025: Body Talk: Somatische Psychotherapie, Somatic Experiencing und Polyvagaltheorie bei Traumafolgestörungen kreativ kombinieren: ein Demonstrations-Workshop. Presented fo Hypno-Synstitut, Vienna, Austria
- 9-11 March 2025: Ego-State-Therapie Seminar 1. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 12-13 March 2025: Ego-State-Therapie Seminar 2. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany

- 14-16 March 2025: Ego-State-Therapie Seminar 1 Presented for the Kita Traumatherapie Institut, Köln, Germany
- 18-19 March 2025: Entdecke Deine innere Kraft! Ich-Stärkung in der Psychotherapie: Was ist innere Stärke und wie können wir sie verbessern? Praktische Interventionen zur Förderung von innerer Sicherheit Stabilisierung, Ressourcenaktivierung, Selbstregulation und Flow. Presented for Auditorium Netzwerk, Müllheim-Baden, Germany
- 23 March 2025: Online Presentation: Ressourcenaktivierung in schwierigen Zeiten: Meine Erfahrungen in Kriegsgebieten. Eine Kombination aus Polyvagal-Theorie, Yoga, Atemarbeit und Somatic Experiencing-Techniken. Presented for the Polyvagal Akademie, Germany
- 25-26 March 2025: Ego-State-Therapie Seminar 3. Presented for the the Wiesbadener Institut für Traumatherapie: Woltemade Hartman Institut für Ego-State-Therapie, Wiesbaden, Germany
- 28 March 2025: Du wirst immer in meinem Herzen sein: Trauer als Ressource in Psychotherapie. Workshop mit Live-Demonstrationen. Presented at the MEG Jahrestagung, Kassel, Germany
- 2-4 April 2025: Online workshop: Ego State Therapy seminar 1. Presented for the Australian Institute for Clinical Hypnosis and Psychotherapy Sydney, Australia
- 7-9 April 2025: Online workshop: English Ego-State-Coaching and Counselling Module 1.
- 12-13 April 2025: Online workshop: Grief as a Resource in Psychotherapy. Presented for Ego State Therapy Japan.
- 23-25 April 2025: Online workshop: German Ego-State-Coaching and Counselling Module 2.
- 26-29 April 2025: Online workshop: Body Trance 1: A combined Ego State Therapy and hypno-somatic approach. Presented for Ego State Therapy, Teheran, Iran

<b>Publications</b>
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Botha, A.C. & Hartman, W. (2004). *Seksuele Molestering: 'n Salutogeniese Perspektief*. Rand Afrikaans University Press.

Diale, B.M. & Hartman, W. (2003). *Black Adolescents and Domestic Violence: An Exploratory Study using Solution Focused Group Therapy*. Rand Afrikaans University Press.

Engelbrecht, L., Byrne, J. & Hartman, W. (2004). *Unique Outcomes in the Life Stories of Black Adolescent Girls who were Sexually Abused*. Rand Afrikaans University Press.

Fourie, G. & Hartman, W. (2009). *An Integrated Ericksonian and Ego State Intervention Strategy for the Treatment of Survivors of Childhood Sexual Trauma*. 2007. University of Johannesburg Press.

Frederick, C., Hartman, W., Morton, P., Phillips, M., Watkins, J.G. & Wemple, J. (2002). A Celebration of the Life of Helen Huth Watkins. *American Journal of Clinical Hypnosis*, 45, 79-87.

Fritzsche, K. & Hartman, W. (2010). *Einführung in die Ego-State-Therapie* Heidelberg: Carl-Auer-Systeme Verlag.

Gordon, C. & Hartman, W. (2007). A Single-beam Positron Emission Computerized Tomography Study of Trichotillomania in terms of Cognitive Behaviour Therapy. 2007. University of the Witwatersrand Press.

Guse, T. & Hartman, W. (2003). The Effect of a Prenatal Hypnotherapeutic Programme on Postnatal Maternal Psychological Well-Being. University of Potchefstroom Press.

Guse, T., Wissing, M.P. & Hartman, W. (2006). The Effect of a Prenatal Hypnotherapeutic Programme on Postnatal Maternal Psychological Well Being. *Journal of Reproductive and Infant Psychology*, 24, 2, 163-177.

Guse, T., Wissing, M.P. & Hartman, W. (2006). A Prenatal Hypnotherapeutic Program to Enhance Postnatal Psychological Wellbeing. *Australian Journal of Clinical and Experimental Hypnosis*, 34, 1, 27 - 40.

Hartman, W. (1988). *Career Guidance with Urban Black Children*. Master's thesis in Educational Psychology. Rand Afrikaans University.

Hartman, W. (1994). *Ego State Therapy with Sexually Traumatized Children*. Doctoral dissertation. University of Pretoria.

Hartman, W. (1995a). *Ego State Therapy with Sexually Traumatized Children*. Pretoria: Kagiso Publishers.

Hartman, W. (1995b). *Ego State Therapy with Sexually Traumatized Children*. In G.D. Burrows & R. Stanley (Eds.), *Contemporary International Hypnosis*, Proceedings of the 13<sup>th</sup> International Congress of Hypnosis, Melbourne, Australia, August 6-12, 1994, (pp. 149-158). Chichester: John Wiley & Sons.

Hartman, W. (1995c). *The Use of Ego State Therapy in the Treatment of Somatic Reactions to Trauma*. Proceedings of the 1<sup>st</sup> Africa Congress in Clinical Hypnosis and Psychosomatic Medicine, Sun City, South Africa, October 15-19, 1995.

Hartman, W. (1998). Advanced Techniques of Ericksonian Utilization: The Use of Symptom Words, Figures of Speech and Sequences in Guiding Ego States' Associations. *Hypnos. Swedish Journal of Hypnosis in Psychotherapy and Psychosomatic Medicine*, 24, 206-212.

Hartman, W. (2001). The Utilization of Ego State Patterns of Self- Expression in the Treatment of Aphonic Conversion Reactions. *Hypnos. Swedish Journal of Hypnosis in Psychotherapy and Psychosomatic Medicine*, XXVII, 4-10.

Hartman, W. (2002). Ego State Therapy - Then and Now: Towards a Naturalistic Utilization Approach. A Tribute to John. G. Watkins. *Hypnos. Swedish Journal of Hypnosis in Psychotherapy and Psychosomatic Medicine*, XXIX, 52-58.

Hartman, W. (2008). Mental Strengths and Experiential Solutions: Conquering the Trauma of Apartheid, Racism, Sexism and Xenophobia. *HypnosNytt*, 3, 7-16.

Hartman, W. (2009). Straight Guys with Queer Eyes: The Utilization of Opposing Ego States in the Treatment of Trauma-Related Sexual Orientation Distress. *Tidsskrift for Klinisk Hypnose*, 2, 13 - 22.

Hartman, W. (2009). Straight Guys with Queer Eyes: The Utilization of Opposing Ego States in the Treatment of Trauma-Related Sexual Orientation Distress. *HypnosNytt. Swedish Journal of Clinical Hypnosis*, 3, 3-13.

Hartman, W. (2010). You will always be in my heart. Grief as a resource in psychotherapy. *Tidsskrift for Klinisk Hypnose*, Nr 1, Maj 2010, 15.

Hartman, W. (2010). *Einführung in die Ego-State-Therapie*. Heidelberg: Carl-Auer Verlag.

Hartman, W. (2012). Leave a trail of wisdom. A Tribute to John G Watkins Ph.D. *Tidsskrift for Klinisk Hypnose*, Nr 1, Maj 2012, 30.

Hartman, W. (2014). Over the Rainbow – Wie man farbenfrohe Lösungen entwickelt, um Ich-Zustände als Ressourcen glänzen zu lassen: Der Fall Esti. In: W. Brächter (Hrsg.), Der singende Pantomime: Ego-State-Therapie und Telearbeit mit Kindern und Jugendlichen (pp. 212 - 226). Heidelberg, Germany: Carl-Auer Verlag.

Struwig, E., Van Breda, A.D. & Hartman, W. (2009). An Exploratory Study on the Usefulness of Eye Movement Integration Therapy in Overcoming Childhood Trauma. University of Johannesburg Press.

Swiegers, H.A. & Hartman, W. (2002). Alternatiewe Tugmaatreëls vir die legeremde adollesent. 2002. University of South Africa Press.

Van Backström, J.G.F. & Hartman, W. (In Press). 'n Geïntegreerde Hipnoterapeutiese Benadering tot Paternale Psigologiese Welsyn. University of Potchefstroom Press

Van der Merwe, S.J. & Hartman, W. (2002). 'n Terapeutiese Program vir die Gesin met 'n Chroniese Siek Ouer. University of South Africa Press.

<b>Professional Societies / Activities</b>
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- Member of the Psychological Society of South Africa (1987 - 2000)
- Member of the South African Society of Clinical Hypnosis (1988 - 2000)
- Member of the Executive Committee of the South African Society of Clinical Hypnosis (1994-2000)
- Member of the Training Committee of the South African Society of Clinical Hypnosis (1994-2000)
- Member of the Ericksonian and Ego State Interest Group of the South African Society of Clinical Hypnosis (1994 - 2000)
- Chairman of the Ericksonian and Ego State Interest Group of the South African Society of Clinical Hypnosis (1995-1999)
- Member of the Examination Board of the South African Society of Clinical Hypnosis (Intermediate and Advanced courses, Diplomate examination)(1994-2000)



- Member of the International Society of Hypnosis
- Member of the Professional Board for Psychology. Health Professions Council of South Africa. Five year term (1999-2003)
- Member of the Education Committee of the Professional Board for Psychology. Health Professions Council of South Africa (2001 - 2002)
- Member of the Editorial Advisory Board of *Hypnos*, the Swedish Journal of Hypnosis in Psychotherapy and Psychosomatic Medicine (1995 - 2000)
- Convener of the 1<sup>st</sup> Africa Congress in Clinical Hypnosis and Psychosomatic Medicine at Sun City, South Africa (15 - 19 October 1995)
- Convener of the scientific meeting and advanced workshop: Hypnotic Interventions: Comparing the Techniques of the Masters. The South African Society of Clinical Hypnosis. Pretoria. South Africa (15 - 20 March 1997)
- Convener of the scientific meeting and workshops: Ericksonian Approaches to Hypnosis and Psychotherapy. The 6<sup>th</sup> National Congress of the Psychological Society of South Africa in Johannesburg, South Africa (15 - 18 August 2000)
- Teaching the annual intensive training programmes of the South African Society of Clinical Hypnosis. Elementary course in Clinical Hypnosis, Intermediate and Advanced courses in Ego State Therapy and Ericksonian Approaches to Hypnosis and Psychotherapy (1993 - 2000)
- Convener and Chair of the First South African Conference on Sexual Abuse, Pretoria, South Africa (31 October - 1 November 2002)
- Convener and Chair of the First World Congress of Ego State Therapy. Pathways to Wholeness: Past, Present and Future. Bad Orb, Germany (20 - 23 March 2003)
- Convener and Chair of the Best of Psychotherapy: A Congress. Mabula Private Game Lodge, South Africa (19 & 20 February 2006)
- Convener and Chair of The Changing Faces of Psychotherapy: A Congress & United we Stand: The Second World Congress on Ego State Therapy. Pretoria, South Africa (22 - 25 February 2006)
- Convener and Chair of the Cape of Good Hope Congress. Erinvale, Somerset West, Cape Town (28 February & 1 March 2006)

- Convener and Co-Chair of the Changing Faces of Psychotherapy: A Congress - Including the Third World Congress on Ego State Therapy. Sun City, South Africa (4 - 7 February 2010)
- Convener and Chair of the Cape of Good Hope Congress. Stellenbosch, Cape Town (9 - 11 February 2010)
- Co-Convener and Co-Chair of the Parts Therapy Congress - Including the Fourth World Congress on Ego State Therapy. Heidelberg, Germany (23 - 27 November 2011)
- Director and Founding Member of the Milton H. Erickson Institutes of South Africa / MEISA (Since 2000)
- President and Founding Member of the Milton H. Erickson Psychotherapy Society of South Africa / MEPSSA (2010)
- President of Ego State Therapy International (ESTI) (2011 – 2016)
- Visiting lecturer and Senior Research Fellow at the University of Johannesburg (Since 2012 - )
- Teaching the annual intensive training programmes of the Milton H Erickson Institutes of South Africa. Fundamental, intermediate and advanced training courses in clinical hypnosis, Ego State Therapy, Eye Movement Integration and Ericksonian approaches to hypnosis and psychotherapy (Since 2000)
- Supervisor of Masters and Doctoral level students at various universities in South Africa and specifically at the University of Johannesburg
- Member of the Executive Committee of the National Council of the South African Professional Society Against Abuse of Children (SAPSAC) (2002 - 2007)
- Expert witness in various court cases (custody, divorce and criminal) in South Africa
- Sport psychologist for the following international athletes: Jacques Freitag (world champion in high jump, 2002-2004); Pieter de Villiers (400 m hurdles, 2008, Beijing Olympics); Pieter Smith (relays, Beijing Olympics)
- Sport psychologist for the following international teams: The South African underwater hockey team (2006); The South African Paragliding team (Since 2000 - )

- 17 September 2008. Guest Speaker on Radio Vienna, Austria. Topic: Hypnosis and Hypnotherapy
- Regular Guest Speaker on the Afrikaans Radio in South Africa on Topics of Hypnosis, Hypnotherapy, Apartheid, Racism and Xenophobia
- Board Member of the International Society of Hypnosis (ISH). (2012-2024)
- Chairperson of the Education and Training Committee of the International Society of Hypnosis (ISH). (2012 - 2015)
- Member of the Education and Training Committee of the International Society of Hypnosis (ISH). (2015 - 2024)
- Convener and Chair of the Big Five Congress: Perspectives on Change in Psychotherapy. Mabula Game Lodge, South Africa (18 - 19 February 2013)
- Convener and Chair of the International Congress: Diamonds in the Rough: Perspectives on Change in Psychotherapy. Including the 5<sup>th</sup> World Congress on Ego State Therapy. CSIR, International Convention Centre, Pretoria, South Africa (21 – 23 February 2013)
- Member of the Awards Committee of the International Society of Hypnosis (ISH). (2012 - 2024)
- Convener and Chair of the Cape of Good Hope Congress: Perspectives on Change in Psychotherapy. Franschhoek, South Africa (26 - 27 February 2013)
- Convener and Chair of the Changing Faces of Psychotherapy Congress, including the 6<sup>th</sup> World Congress on Ego State Therapy. Mabula Game Lodge, South Africa (19 - 21 February 2016)
- Convener and Chair of the Cape of Good Hope Congress: Perspectives on Change in Psychotherapy. Stellenbosch, South Africa (24 - 25 February 2016)
- Convener and Chair of the 20 Jahre EST Deutschland: Online Parts-Party mit Woltemade Hartman und eingeladenen Gästen. (22-24 November 2024)
- Convener and Chair of the International Ego State Therapy Training week. Mabula Lodge, Bela Bela, South Africa (11-19 October 2022)

- Convener and Chair of the Psychotherapy Congress: Trauma, Treasures, Trance and Transformation. Mabula Lodge, Bela Bela, South Africa (3-8 February 2025)

<p><b>Supervision of Masters and Doctoral Dissertations / Theses</b></p>
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- External examiner – Masters Dissertation: S J van der Merwe. 'n Terapeutiese Program vir die Gesin met 'n Chroniese Siek Ouer. 2002. University of South Africa
- External examiner - Masters dissertation: H A Swiegers. Alternatiewe Tugmaatreëls vir die leergeremde adollesent. 2002. University of South Africa
- Supervisor - Doctoral dissertation: T Guse. The Effect of a Prenatal Hypnotherapeutic Programme on Postnatal Maternal Psychological Well-Being. 2003. University of Potchefstroom
- External examiner - Masters Dissertation: B M Diale. Black Adolescents and Domestic Violence: An Exploratory Study using Solution Focused Group Therapy. 2003. Rand Afrikaans University
- External examiner - Doctoral dissertation: A C Botha. Seksuele Molestering: 'n Salutogeniese Perspektief. 2004. Rand Afrikaans University
- External examiner – Masters Dissertation: L Engelbrecht. Unique Outcomes in the Life Stories of Black Adolescent Girls who were Sexually Abused.
- External examiner - Doctoral thesis (D.Phil): C Gordon. A Single-beam Positron Emission Computerized Tomography Study of Trichotillomania in terms of Cognitive Behaviour Therapy. 2007. University of the Witwatersrand
- Supervisor - Doctoral dissertation - J G F van Backström. 'n Geïntegreerde Hipnoterapeutiese Benadering tot Paternale Psigologiese Welsyn. 2007. University of Potchefstroom.
- External examiner - Masters Dissertation: E Struwig. An Exploratory Study on the Usefulness of Eye Movement Integration Therapy in overcoming Childhood Trauma. 2008. University of Johannesburg.

- External examiner - Doctoral Dissertation: G Fourie. An Integrated Ericksonian and Ego State Intervention Strategy at the Treatment of Survivors of Childhood Sexual Trauma. 2009. University of Johannesburg

<h3 style="text-align: center;">Awards and Nominations</h3>
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- 1994: Award for best doctoral student. Humanities Department of the University of Pretoria
- 2009: Jay Haley Early Career Award for Innovative Contributions to Hypnosis. To Awardees Early in their Career whose Writing, Teaching, Leadership and Clinical and Scientific Work have shown substantive Advances in the understanding of Practice of Hypnosis. Awarded by the International Society of Hypnosis on 25 September 2009 in Rome, Italy.
- 2014: Nomination as President-Elect of the International Society of Hypnosis during the Board meeting of the ISH, Sorrento, Italy
- 2017: Nomination as President-Elect of the International Society of Hypnosis during a Board meeting.
- 2022: John and Helen Watkins Award for Clinical Excellence in Ego State Therapy. Awarded by Ego State Therapy International on 14 October 2022 at Mabula Lodge, South Africa
- 2024: Helen H. & John G. Watkins Award for Excellence in Teaching. Awarded by the International Society of Hypnosis