

Woltemade Hartman Ph.D

International Training Programme 2026



Director of the Milton H. Erickson Institutes of South Africa
Clinical and Educational Psychologist
Licensed Psychotherapist
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Caveat: This programme is subject to change without prior notice

This programme is presented in chronological order, according to the workshop dates

Please contact the workshop organizers, indicated on the programme, directly for more information and registration procedures.

Country	City	Date	Workshop	Institute and contact details
Germany 	Köln	9-11 January 2026	Ego-State-Therapie Seminar 1	Kita Traumatherapie Margarethe Kruczek-Schumacher kruczek.schumacher@freenet.de https://www.kita-traumatherapie.de
Austria 	Vienna	16-17 January 2026	Ego-State-Therapie Seminar 1	Milton Erickson Institute of Austria Stefan Wiesel office@hypno-mega.at www.hypno-mega.at/seminare
China 	Beijing	24-28 January 2026 29-30 January 2026	Ego State Therapy Seminar 4 Body Trance 3: A combined Ego State Therapy and hypno-somatic approach	Chinese Society of Hypnosis Han
Türkiye 	.online	12-13 February 2026 14-15 February 2026	Ego State Therapy Seminar 3 Ego State Therapy Seminar 4	Cem Dogan iletisimcemdogan@gmail.com desenpsikoloji@gmail.com
Austria 	.online	16-17 January 2026	Ego-State-Therapie Seminar 1	Milton Erickson Institute of Austria Stefan Wiesel office@hypno-mega.at www.hypno-mega.at/seminare

 South Africa	Mabula Lodge	20-27 February 2026	Deutsche Ego-State-Therapie Safari	Milton H.Erickson Institutes of South Africa Hanlé Marais info@meisa.co.za www.woltemadehartman.com
 South Africa	.online	16-18 February 2025	Ego State Coaching und Counselling Teil 1 German 09:00-17:00 German Time	Dr Woltemade Hartman www.woltemadehartman.com info@meisa.co.za
 South Africa	.online	19. February 2025	Online Ego State Therapy Group Supervision English 18:00-21:00	Dr Woltemade Hartman www.woltemadehartman.com info@meisa.co.za
 Türkiye	.online	21-23 February 2025	Ego State Therapy Seminar 1	Cem Dogan iletisimcemdogan@gmail.com desensikoloji@gmail.com
 South Africa	.online	23. February 2025	Online Ego State Therapy Group Supervision German 17:00-20:00	Dr Woltemade Hartman www.woltemadehartman.com info@meisa.co.za
 Germany	Köln	4-5 March 2026	Topic To be Confirmed	Alexanlar Klinik
 Germany	Tübingen	6-7 March 2026	Body Talk: Seminar 1. Somatische Psychotherapie und Polyvagal- theorie bei Traumafolgestörungen kreativ kombinieren: Ein Demonstrations-Workshop.	Prof. Dr. Dirk Revenstorf Universität Tübingen Erickson Akademie www.meg-tuebingen.de
 Austria	Graz	9-11 March 2026	Ego-State-Therapie Seminar 1	Milton Erickson Institut Graz office@mei-graz.at Kathrin Kren
 Germany	Müllheim-Baden	16-17 March 2026	Auditorium Netzwerk Seminar 1	Auditorium Netzwerk Petra Alber petra.alber@auditorium-netzwerk.de
 Germany	Kassel	19-21 March 2026	MEG Jahrestagung	Milton H. Erickson Gesellschaft https://www.meg-hypnose.de/veranstaltungen kontakt@meg-hypnose.de

Germany 	Köln	22-23 March 2026 24-25 March 2026	Ego-State-Therapie Seminar 2 Body Talk: Seminar 3. Reise durch die Zeit: die Anwendung der „Titrierungstechnik“. Kreative Wege der Gestaltung einer inneren korrigierenden Erfahrung in der Traumatherapie. Ein Demonstrationsworkshop	Kita Traumatherapie Margarethe Kruczek-Schumacher kruczek.schumacher@freenet.de https://www.kita-traumatherapie.de
Germany 	Hamburg	27-28 March 2026	Wieder ganz werden- Flow bewirken: klinische Hypnose, therapeutische Berührung, Embodiment und Selbst-Regulation. Ein Demonstrationsworkshop.	Milton-Erickson-Institut Hamburg https://www.milton-erickson-institut-hamburg.de/webshop info@milton-erickson-institut-hamburg.de
Japan 	.online	16-19 April 2026	Ego State Therapy Seminar 1 English with Japanese Translations	Ego State Therapy Japan Yoshikazu Fukui fujita@gifu-f.info
South Africa 	.online	21-26 April 2026	Online Ego State Therapy Congress English and German	Dr Woltemade Hartman info@meisa.co.za
Germany 	Köln	4-5 May 2026	Ego-State-Therapie Seminar 3	Kita Traumatherapie Margarethe Kruczek-Schumacher kruczek.schumacher@freenet.de https://www.kita-traumatherapie.de
Austria 	Vienna	6-7 May 2026 8-9 May 2026	Ego-State-Therapie Seminar 5 Ego-State-Therapie Seminar 6	Milton Erickson Institute of Austria Stefan Wiesel office@hypno-mega.at www.hypno-mega.at/seminare
Türkiye 	Istanbul	19-21 May 2026 23-24 May 2026	Ego State Therapy Seminar 1 Ego State Therapy Seminar 5	Cem Dogan iletisimcemdogan@gmail.com desenpsikoloji@gmail.com
Austria 	Graz	30 May - 1 June 2026 2-3 June 2026	Body Talk Seminar 4: Eye Movements Ego-State-Therapie Seminar 2	Milton Erickson Institut Graz office@mei-graz.at Kathrin Kren
Austria 	Vienna	4-6 June 2026 7-8 June 2026	Ego-State-Therapie Seminar 1 Ego-State-Therapie Seminar 2	Milton Erickson Institute of Austria Stefan Wiesel office@hypno-mega.at www.hypno-mega.at/seminare
Germany 	Tübingen	10-11 June 2026	Body Talk: Seminar 2: Somatische Psychotherapie, Somatic	Prof. Dr. Dirk Revenstorf

			Experiencing und Polyvagaltheorie bei Traumafolgestörungen kombinieren: die Anwendung der „Pendel-Technik“. Ein Demonstrations-Workshop.	Universität Tübingen Erickson Akademie www.meg-tuebingen.de
Switzerland 	Zürich	12-13 June 2026	Master Demonstration Class	Dr Silvia Zanotta www.egostatetherapie.ch
Germany 	Köln	15-17 June 2026	Body Talk Seminar 4: Eye Movements	Kita Traumatherapie Margarethe Kruczek-Schumacher kruczek.schumacher@freenet.de https://www.kita-traumatherapie.de
Germany 	Müllheim-Baden	22-23 June 2026	Auditorium Netzwerk Seminar 2	Auditorium Netzwerk Petra Alber petra.alber@auditorium-netzwerk.de
Türkiye 	.online	9-10 July 2026 11-12 July 2026	Ego State Therapy Seminar 6 Ego State Therapy Seminar 2	Cem Dogan iletisimcemdogan@gmail.com desenpsikoloji@gmail.com
China 	Beijing	18- 22 July 2026 23-24 July 2026	Ego State Therapy Seminar 1 Body Trance 1: A combined Ego State Therapy and hypno-somatic approach	Chinese Society of Hypnosis Han
Japan 	.online	6-9 August 2026	Ego State Therapy Seminar 2 English with Japanese Translations	Ego State Therapy Japan Yoshikazu Fukui fujita@gifu-f.info
Germany 	Müllheim-Baden	11-12 September 2026	Auditorium Netzwerk Seminar 3	Auditorium Netzwerk Petra Alber petra.alber@auditorium-netzwerk.de
Austria 	Graz	17-18 September 2026	Ego-State-Therapie Seminar 3	Milton Erickson Institut Graz office@mei-graz.at Kathrin Kren
Germany 	Tübingen	25-26 September 2026	Body Talk: Seminar 3. Reise durch die Zeit: die Anwendung der „Titrierungstechnik“. Kreative Wege der Gestaltung einer inneren korrigierenden Erfahrung in der Traumatherapie. Ein Demonstrationsworkshop	Prof. Dr. Dirk Revenstorf Universität Tübingen Erickson Akademie www.meg-tuebingen.de

Germany 	Köln	28-29 September 2026 30 September - 1, October 2026	Ego-State-Therapie Seminar 4 Body Talk: Seminar 1. Somatische Psychotherapie und Polyvagal- theorie bei Traumafolgestörungen kreativ kombinieren: Ein Demonstrations-Workshop	Kita Traumatherapie Margarethe Kruczek-Schumacher kruczek.schumacher@freenet.de https://www.kita-traumatherapie.de
Austria 	Vienna .online	15-16 October 2026 17-18 October 2026	Ego-State-Therapie Seminar 3 Ego-State-Therapie Seminar 4	Milton Erickson Institute of Austria Stefan Wiesel office@hypno-mega.at www.hypno-mega.at/seminare
Türkiye 	Istanbul	29-30 October 2026 31 October 2026 - 1, November 2026	Ego State Therapy Seminar 3 Ego State Therapy Seminar 4	Cem Dogan iletisimcemdogan@gmail.com desenpsikoloji@gmail.com
Germany 	Köln	9-10 November 2026 11-12 November 2026	Ego-State-Therapie Seminar 5 Body Talk: Seminar 2: Somatische Psychotherapie, Somatic Experiencing und Polyvagaltheorie bei Traumafolgestörungen kombinieren: die Anwendung der „Pendel-Technik“. Ein Demonstrations-Workshop.	Kita Traumatherapie Margarethe Kruczek-Schumacher kruczek.schumacher@freenet.de https://www.kita-traumatherapie.de
Austria 	Graz	21-22 November 2026 23-24 November 2026	ICH - Starküng Seminar 1 Ego-State-Therapie Seminar 4	Milton Erickson Institut Graz office@mei-graz.at Kathrin Kren
Austria 	Vienna	26-27 November 2026 28-29 November 2026	Ego-State-Therapie Seminar 5 Ego-State-Therapie Seminar 6	Milton Erickson Institute of Austria Stefan Wiesel office@hypno-mega.at www.hypno-mega.at/seminare
Japan 	.online	10-13 December 2026	Ego State Therapy Seminar 3 English with Japanese Translations	Ego State Therapy Japan Yoshikazu Fukui fujita@gifu-f.info