

International Training Programme 2026



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Caveat: This programme is subject to change without prior notice

This programme is presented in chronological order, according to the workshop dates

Please contact the workshop organizers, indicated on the programme, directly for more information and registration procedures.

	Town	Date	Workshop	Institute and contact details for information and registration
China 	Beijing	24-28 January 2026 29-30 January 2026	Ego State Therapy Seminar 4 Body Trance 3: A combined Ego State Therapy and hypno-somatic approach	Chinese Society of Hypnosis Han
South Africa 	Mabula Lodge	20-27 February 2026	Deutsche Ego-State-Therapie Safari	Milton H. Erickson Institutes of South Africa Hanlé Marais info@meisa.co.za
Austria 	Graz	9-11 March 2026	Ego-State-Therapie Seminar 1	Milton Erickson Institut Graz office@mei-graz.at Eva Szyszkwitz-Ngo
Greece 	Athens	13-15 March 2026	Ego State Therapy Seminar 5	Orestis Papagiannopoulos neuropsychy.liv@gmail.com
Germany 	Kassel	19-21 March 2026	MEG Jahrestagung	Milton H. Erickson Gesellschaft https://www.meg-hypnose.de/veranstaltungen kontakt@meg-hypnose.de
	Hamburg	27-28 March 2026	Wieder ganz werden- Flow bewirken: klinische Hypnose, therapeutische Berührung, Embodiment und Selbst-Regulation. Ein Demonstrationsworkshop.	Milton-Erickson-Institut Hamburg https://www.milton-erickson-institut-hamburg.de/webshop info@milton-erickson-institut-hamburg.de

Japan 	Online	16-19 April 2026	Ego State Therapy Seminar 1	Ego State Therapy Japan Yoshikazu Fukui yfukui@konan-u.ac.jp Seiko Saito workshop@egostatetherapy.jp
Austria 	Graz	2-3 June 2026	Ego-State-Therapie Seminar 2	Milton Erickson Institut Graz office@mei-graz.at Eva Szyszkwitz-Ngo
Greece 	Athens	5-7 June 2026	Ego State Therapy Seminar 6	Orestis Papagiannopoulos neuropsychy.liv@gmail.com
China 	Beijing	18-22 July 2026 23-24 July 2026	Ego State Therapy Seminar 1 Body Trance 1: A combined Ego State Therapy and hypno-somatic approach	Chinese Society of Hypnosis Han
Japan 	Online	6-9 August 2026	Ego State Therapy Seminar 2	Ego State Therapy Japan Yoshikazu Fukui yfukui@konan-u.ac.jp Seiko Saito workshop@egostatetherapy.jp
Austria 	Graz	16-17 September 2026	Ego-State-Therapie Seminar 3	Milton Erickson Institut Graz office@mei-graz.at Eva Szyszkwitz-Ngo
Greece 	Athens	6-7 November 2026	Body Trance: Seminar 1: Hypnosis, Touch and Embodiment in Complex Trauma	Orestis Papagiannopoulos neuropsychy.liv@gmail.com
Austria 	Graz	23-24 November 2026	Ego-State-Therapie Seminar 3	Milton Erickson Institut Graz office@mei-graz.at Eva Szyszkwitz-Ngo
Japan 	Online	10-13 December 2026	Ego State Therapy Seminar 3	Ego State Therapy Japan Yoshikazu Fukui yfukui@konan-u.ac.jp Seiko Saito workshop@egostatetherapy.jp